# DREAM IT. PINIT LIVE IT. WORKBOOK

## WEEK ONE CREATING THE VISION

THERE ARE THREE TYPES
OF PEOPLE IN THIS WORLD:
THOSE WHO MAKE THINGS
HAPPEN, THOSE WHO WATCH
THINGS HAPPEN, AND
THOSE WHO WONDER WHAT
HAPPENED.

-MARY KAY ASH

#### SECTION ONE

As you begin to dream, you are going to have people tell you you're being foolish or that you're living in a fantasy world. You may even tell yourself that; but, daring to dream—having the audacity to imagine more for yourself—is the only way to move beyond where you are right now.

#### Destiny Decisions

In Chapter 1 of the book, we talked about destiny decisions as a major factor in getting your life on the right track. Those are choices that have such an impact on your life that they can potentially change the whole direction of your life. So, you definitely don't want to be on the sidelines, allowing those decisions to be made for you!

What do you need to do to make sure you are not just along for

the ride in your life? How can you put yourself in the esteer your life toward the destination you want and to for you?	

One of the greatest realizations you will ever have is knowing there is only one person responsible for the outcome of your life, and it's you. Your decisions affect your destiny!

responsibility for where you are and what is happening? What do
you need to change to take ownership of the circumstances in your life and get on the path toward your vision?

Jim Rohn taught that there are certain emotions that can have a huge impact on our drive to change our circumstances. One of the most powerful is disgust. Becoming disgusted with your current circumstances can actually serve as vision and momentum to get you out!

YOU CANNOT BE WIMPY OUT
THERE ON THE DREAM-SEEKING
TRAIL. DARE TO BREAK THROUGH
BARRIERS TO FIND YOUR
OWN PATH.
—LES BROWN

Have you ever looked around you—at your living conditions, your bank account, your image in the mirror, your influencers and found yourself feeling disgusted by what you saw? How did you respond to that? Did you turn your eyes away so you didn't have to see it or did it motivate you to do something about what you didn't like?

#### Don't Settle Where You Are

In Genesis 11:31, we read the story of Abraham's father, Terah, and how he stopped short of where God was leading him. Abraham's father missed out on an unimaginable opportunity God had for him because he settled for much less than God had promised him. Maybe, like the Israelites in Canaan, you thought your dream was taking too long to be realized.

Have you ever stopped dreaming and settled for less? What caused you to quit? What do you think you might have achieved it you hadn't given up?

God is capable of doing impossible things in your life, but you can actually prevent Him from doing them by thinking in terms of "just enough to get by." When you believe the lie that it's better to stay where you are rather than go after what you could be or do, then you will continue to miss out on the abundance God wants to give you.

How often do you settle for less than what you are dreaming of? What would you tell yourself if you were hearing the message that there wasn't a reason to keep going after everything God had in store for you?

#### You Have the Audacity to Dream That?

Audacity is a powerful word that is often associated with a negative perception of someone, but it can alter the rest of your life if you will be brave enough to embrace it. Audacity is having nerve, courage, daring, boldness, fearlessness, grit, and the willingness to take risks.

thinking or the rut you may have found yourself in? What will you
have the audacity to dream? What do you have the nerve to believe
you can achieve in your life?

You have probably heard the verse in Proverbs 23:7 that says we become what we think about. That is the Law of Attraction summed up in one scripture verse. Whatever gets in your mind and stays there, you will attract in your life.

A MAN BECOMES WHAT
HE THINKS ABOUT
MOST OF THE TIME.
—RALPH WALDO EMERSON

What are you allowing to occupy your mind right now? Are the thoughts you are having regularly something you really want to attract into your life? Where do you want to focus your mind?

Because this principle of attraction is so powerful and where we focus our thoughts has a big impact on our lives, it is important that we get our mind in alignment with God. You will become what you believe.

What do you want to trust God for? Are you believing to live in a particular house, to own your dream business, to weigh an ideal amount, to be healed in your body, or to see the restoration of your family? What are you aligning with God to bring into your life?

#### Visualizing Success

God said in Isaiah 43:19 (NIV), "See, I am doing a new thing! . . . Do you not perceive it?" He is pouring His favor on you to promote you, increase you, and expand your influence, but He's asking you the question, "Do you see it?"

I AM ALWAYS DOING THAT WHICH
I CANNOT DO, IN ORDER THAT I
MAY LEARN HOW TO DO IT.
—PABLO PICASSO

Your dreams should stretch you, challenge you, and force you to grow in your faith! Hebrews 11:6 says, "It's impossible to please God without faith." That means if your dreams seem impossible, you have no choice but to rely on God to come on the scene and help you. And that's how He wants it. If we leave it up to what we can do on our own, we dream too small.

know you can do on your own? What can you reach for that seem ridiculously impossible so you can test your ability to trust God t partner with you on your dream?

**WARNING:** The number one question that will stop you from dreaming big is asking, "How?" It's not your job to figure out the how. Your job is to dream and dream big.

There's power in just taking time to see beyond where you're at today. Decide where you want to end up in life. Plan your life down to the last detail and then let God go beyond that.

YOU HAVE TO THINK ANYWAY, SO WHY NOT THINK BIG? —DONALD TRUMP

When you think in terms of what would give you the greates peace in your life, what do you imagine? What does your life look like five years from now?

God has so much more for you than what you presently have. He has given you a unique assignment to complete during your time here on earth, and then it's over. You either turn in the assignment complete or incomplete.

Have y purpose dreams?	you beer for you?	_			

THE TRAGEDY OF LIFE DOES NOT LIE IN NOT REACHING YOUR GOALS. THE TRAGEDY LIES IN NOT HAVING ANY GOALS TO REACH. IT ISN'T A CALAMITY TO DIE WITH DREAMS UNFULFILLED, BUT IT IS A CALAMITY NOT TO DREAM.

—DR. BENJAMIN MAYS

### **ACTION STEP**

#### MAKE A LIST OF IOI THINGS YOU WANT TO DO

In creating your vision, you have started by giving yourself permission to dream—to get outside the box and go big. That first step is one of the hardest because it stretches us out of our comfort zones. It means we have to be brave enough to hope for something more and risk disappointment. But, what you will learn through this journey is that there truly is no risk involved because you are believing in your untapped potential and the plans God has for you.

Put a demand on yourself to dream. Let your imagination run wild. They don't all have to be huge, financially expensive or adrenaline-pumping things; just give yourself a reason to get up and do something. You can fill in your list in the space below or create it on a separate piece of paper, but be sure to write it down somewhere.