

LIVE
YOUR
DREAMS

A 90 DAY DREAMS & GOALS
DEVOTIONAL

TERRI SAVELLE FOY

Copyright © 2020 Terri Savelle Foy
All rights reserved.

No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher at the address below.

Scripture taken from the New King James Version®. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved.

Scriptures taken from the Holy Bible, New International Version®, NIV®, Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.™ Used by permission of Zondervan. All rights reserved worldwide. www.zondervan.com The “NIV” and “New International Version” are trademarks registered in the United States Patent and Trademark Office by Biblica, Inc.™

Scripture quotations taken from the New American Standard Bible® (NASB),
Copyright © 1960, 1962, 1963, 1968, 1971, 1972, 1973, 1975, 1977, 1995 by The Lockman Foundation
Used by permission. www.Lockman.org

Marks, Herbert. The English Bible: King James Version. Norton, 2012.

Holy Bible: English Standard Version. Crossway Bibles, 2001.

O’Hair, J. C. The Kingdom of Heaven & the Body of Christ: a Comparative Bible Study. Berean Bible Society, 1964.

The Life Recovery Bible: New Living Translation. Tyndale House Publishers, 2015.

Siewert, Frances E. The Amplified Bible. Zondervan, 1958.

The New American Bible: Revised Edition. Our Sunday Visitor Inc., 2012.

Bible: Contemporary English Version. Bible Society in New Zealand Inc, 2015.

Robertson, Pat. The New Testament: New Century Version. Word Pub., 1992.

Scripture quotations are taken from the Holy Bible, New Living Translation, copyright ©1996, 2004, 2007, 2013, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.

Scripture quotations marked (TLB) are taken from The Living Bible copyright © 1971. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.

Scripture quotations from THE MESSAGE. Copyright © by Eugene H. Peterson 1993, 1994, 1995, 1996, 2000, 2001, 2002. Used by permission of NavPress. All rights reserved. Represented by Tyndale House Publishers, Inc.

Scripture quotations marked (GNT) are from the Good News Translation in Today’s English Version-Second Edition Copyright © 1992 by American Bible Society. Used by Permission.

978-1-942126-22-5

Terri Savelle Foy Ministries
Post Office Box 1959
Rockwall, TX 75087
www.terri.com

Printed in the United States of America
First Edition 2020

”

IT'S
KINDA FUN
DOING THE
IMPOSSIBLE.

—Walt Disney

DAY 1

YOUR DREAMS SHOULD BE IMPOSSIBLE



Walt Disney was known to be an impossibility thinker. He was constantly seeking to conquer things no one had even considered. In fact, it's been said that when he would meet with his Board of Directors, he would toss out ideas. If everyone agreed on the idea, then he would say, "Then that's not what we are going to do."

However, if everyone said, "Walt, that's impossible. Nobody has ever done that before," he would say, "Then that's what we are going to do!" Walt Disney was an impossibility thinker. And you should be, too!

I have discovered that God wants your dreams so big and so outside the realm of possibility that, naturally speaking, there is no way your dream can occur unless you use your faith! Hebrews 11:6 says, "Without faith, it is impossible to please God." I interpret that to mean, "If your dreams are impossible and demand that you have faith in God, then you've probably got the right dream."

Day 1: Your Dreams Should Be Impossible

In Hebrews 11:1, it says, “Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see” (NLT).

Your dreams should stretch you, challenge you and force you to grow. Any successful person who has achieved admirable dreams has had to take a giant step of faith into the impossible! God desires for you to have that kind of faith. He wants your total dependency on Him to see these dreams manifest. You are making God smile when you dream impossible dreams.

Thought for the day: If your dreams are possible, you’re not dreaming big enough.

*“With man this is impossible,
but not with God;
all things are possible with God.”*

—Proverbs 23:7 NKJV

⋮ Notes ⋮

[A series of 20 horizontal lines for writing notes.]

[Handwritten signature]

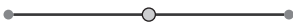
”

I AM ALWAYS DOING
THINGS I CAN'T DO—
THAT'S HOW I GET
TO DO THEM.

—Pablo Picasso

DAY 2

HAVE THE AUDACITY TO DREAM BIG



In 1976, a young Austrian bodybuilder with a thick accent, a name nobody could pronounce and a box office disappointment under his belt, audaciously declared to a sports columnist, “I’m going to be the number one box office star in all of Hollywood.”

Arnold Schwarzenegger had the audacity to dream.

Trying not to show doubt or shock over Arnold’s big dream, the reporter asked, “How do you plan to become Hollywood’s top star?”

“It’s the same process I used in bodybuilding,” Schwarzenegger explained. “What you do is create a vision of who you want to be and then live into that picture as if it were already true.” And that’s exactly what he did.

What does it take to go from wishing things would change to living your dreams? In one word: audacity! This powerful word can alter the rest of your life if you are brave enough to obtain it. Audacity means nerve, courage, daring, boldness, fearlessness, grit, and the willingness to take risks.

Day 2: Have the Audacity to Dream Big

When you develop the audacity to dream God-sized dreams, to get out of the mundane or the rut you may have found yourself in, people may think you're crazy. They may even laugh at your dreams. You must remember that God hasn't told them what He's told you about your future. This is your life, your future, your destiny on the line. Will you cower to the opinions of others or will you develop the boldness to live big?

You must have the audacity to believe that you can achieve the impossible dreams God has put in your heart. In life, you will achieve what you believe you can achieve. After all, God specializes in doing the impossible.

So, what do you have the audacity to dream? What do you have the courage to pursue? I want you to develop such grit in your life that people say to you, "You have the audacity to believe that can happen?" And you confidently respond, "As a matter of fact, that's exactly what God gave me: audacity!"

Thought of the day: Have the audacity to dream big no matter how unattainable your dreams may seem.

"For as he thinks in his heart, so is he."

—Proverbs 23:7 NKJV

•• Notes ••

ell

”

IT'S NOT ENOUGH
TO STOP SAYING THE
WRONG THINGS; YOU'VE
GOT TO START SAYING
THE RIGHT THINGS.

—Joyce Meyer

DAY 3

GIVE YOURSELF A PEP TALK



My grandmother, Grandma Creech, is in her 90s. She still mows her own lawn, collects rent from her tenants, drives three hours to visit us, attends church faithfully, and even takes meals to the “elderly” in her city! Her mind is sharp, she dresses fashionably, she uses a smart phone (uses is a strong word, let’s just say she speaks into it), and she recently traveled to Hawaii on vacation with the family.

Some people in their sixties are lethargic, complain about their aches and pains, and act older than my youthful grandmother.

But Grandma Creech has a secret to her fountain of youth. Every day, for close to sixty years, she gets out of bed declaring, “God renews my youth as the eagles” (Psalm 103:5). No kidding. Every single day. And she will share her secret with anyone who asks. It’s an open door for her to preach. And who can argue with her results?

What are you declaring every day without realizing you are creating your results?

“I’m so tired.”

“I don’t have any energy.”

Day 3: Give Yourself a Pep Talk

“No matter what I do, I can’t lose weight.”

“It’s too late for me to go for my dreams.”

“I’m not qualified.”

Could it be that what you are repeatedly experiencing is a result of what you are repeatedly speaking? Think about what results you want to see in your life and then speak them out by faith.

Hebrews 11:3 says, “By faith we understand that the worlds were framed by the word of God, so that the things which are seen were not made of things which are visible.” This world was created with words. God said, “Let there be” and there was (the sun, the moon, the stars, everything). In fact, the Bible tells us we serve a God who speaks of “nonexistent things” as if they already exist. He expects us to apply the same principle.

Instead of voicing those negative statements about your life, start speaking of “nonexistent things” as if they already exist just like God does. Speak your dreams into existence. Imagine the results you will start seeing. Let’s begin making positive declarations today.

Thought of the day: If you want to know where your life is headed, listen to the words coming out of your mouth.

*“God, who gives life to the dead
and calls those things which did
not exist as though they did.”*

—Romans 4:17 NKJV

•• Notes ••

ell

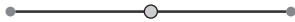
”

AT FIRST, DREAMS SEEM
IMPOSSIBLE, THEN
IMPROBABLE, AND
EVENTUALLY INEVITABLE.

—Christopher Reeve

DAY 4

DISPLAY YOUR DESTINY



Conrad Hilton, the founder of the Hilton Hotels, was a young man in the 1930s coming out of the Great Depression and barely able to pay his own rent. But Conrad was a man who knew the power of having a grand vision. One day, he came across an article that captured his heart. It was titled, “The Most Famous Hotel in the World” about the iconic Waldorf Astoria in New York City.

As young Conrad viewed the breathtaking images of the legendary hotel, God dropped a dream in his heart to own that very building. Knowing the power of having a vision, writing it down, and keeping it before your eyes, Conrad tore the pages out of the magazine and wrote across the photo, “The Greatest Of Them All” and slid it under the glass top of his desk. Daily, his vision was before him.

It appeared impossible. There were no odds in his favor. However, with each year that passed, he continued to believe. When he visited New York City, he would make it a priority to

Day 4: Display Your Destiny

walk around the property praying, believing and dreaming to one day, own that hotel.

With the old magazine clipping still placed under the glass-top desk, eighteen years later, on October 12, 1949, one of Conrad Hilton's lifelong ambitions materialized as he acquired control of the Waldorf-Astoria Hotel.

The more you look at the images of your ideal future, the more you desire them. The more you desire them, the more persistent you become in fulfilling them. Your vision needs to be placed in a prominent place where you will view it consistently. The old adage is true: out of sight, out of mind.

Your mind moves toward the dominating images you keep before your eyes. Key words: that you keep before your eyes.

"And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into His image with ever increasing glory, which comes from the Lord, who is the Spirit."

—2 Corinthians 3:18 NIV

Notes

ell

”

IMAGINATION SHOULD
BE USED, NOT TO
ESCAPE REALITY,
BUT TO CREATE IT.

—Colin Wilson

DAY 5

GET YOUR VIDEOTAPE READY



Michael Phelps is the most decorated Olympian of all time. Yes, Phelps had incredible routines and rituals that caused him to rise above the competition, but he also used his imagination and visualized his races daily. When Phelps would go home after each practice, his coach would tell him to “Watch the videotape. Watch it before you go to sleep and when you wake up.”

But the videotape wasn't real. It was a mental visualization of the perfect race he would imagine in his head.

Each morning and night, Phelps would imagine himself jumping off the blocks and swimming flawlessly. He would visualize the walls of the pool, the perfect swim strokes, the turns, and the finish. At night, he would lie in bed with his eyes shut and imagine the entire competition, the smallest details, again and again, until he knew each second by heart.

During practice, his coach would shout, “Put in the videotape,” and Phelps would push himself as hard as he could. That's how he won all of those Olympic medals.

Day 5: Get Your Videotape Ready

Without a mental picture of where you're headed, you won't go very far. I've been told the African impala has the ability to jump 10 feet high and 30 feet long. Yet this animal can be found trapped behind a four-foot wall at the zoo, not even attempting to get out. Why? Because he can't see over the fence. The impala has to see where he's headed before he'll take a step toward it; therefore, he stays confined.

Unless you imagine a picture (or videotape) of your future, you will stay confined year after year, just like the African impala—even though you have the potential to go far. God sees your potential; now you need to. Don't limit yourself and stay trapped behind a wall of complacency when you have the ability to go further.

You will never leave where you are until you see in your mind where you'd rather be. Put in the videotape. Picture yourself doing something that seems impossible or out of reach. Visualize yourself succeeding. Once you are able to imagine it, you are one step closer to having it.

*"I can do all things through
Christ who strengthens me."*

—Philippians 4:13 NKJV

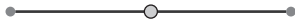
”

REGRET FOR
WASTED TIME
IS MORE
WASTED TIME.

—Mason Cooley

DAY 6

NO MORE REGRETS



Bronnie Ware, a hospice nurse from Australia, had the honor of being a caregiver of elderly patients in the last three to twelve weeks of their lives. Interestingly, she began noticing a common theme of great remorse among those nearing the end. There was no mention of wishing for more Facebook followers or working longer hours at the office or even making a million dollars. Quite the opposite. As much of her time was spent in silence sitting at the bedside of her aging patients, she began to journal their intimate discussions.

With each patient, she realized her role as a caregiver was more about listening to their dying epiphanies than anything. With more phenomenal clarity of vision than they had in their early years, they needed an ear to reveal their deepest sorrows as they neared the end of their lives.

“I wish I’d had the courage to live a life true to myself, not the life others expected of me.” This was the most common regret among her patients.

Day 6: No More Regrets

“When people realize that their life is almost over and look back clearly on it,” said Ware, “It is easy to see how many dreams have gone unfulfilled. Most people had not honoured even a half of their dreams and had to die knowing that it was due to choices they had made or not made. Health brings a freedom very few realize, until they no longer have it.”

In the words of the late Myles Munroe, “The richest place in the world isn’t the diamond mines of South Africa or the oil fields of the Middle East. The wealthiest place in all the world is the graveyard.” Munroe explained that in the grave are books never written, songs never sung, businesses never started. Don’t go to the grave with your dreams still in you!

I believe deep down, you know your life is meant to be something more and simply by reading this book, I am going to help you start with a single step in the right direction that will lead to a staircase of soaring to new heights.

*“I have fought the good fight,
I have finished the race,
I have kept the faith.”*

—2 Timothy 4:7 NKJV

•• Notes ••

A series of horizontal lines for writing notes, followed by a signature at the bottom right corner.

”

IF YOU CAN IMAGINE IT,
YOU CAN ACHIEVE IT.
IF YOU CAN DREAM IT,
YOU CAN BECOME IT.

—William Arthur Ward

DAY 7

THE POWER OF THE PEN



In 1990, struggling and broke actor Jim Carey took his imagination a step further by writing himself a check for 10 million dollars for “Acting Services Rendered.” He gave himself five years to achieve his dream by dating it “Thanksgiving 1995.” He carried it in his wallet and it deteriorated over time. Just before November 1995, he was cast in the comedy movie, *Dumb and Dumber*, for which he was paid 10 million dollars!

Jim Carey isn’t the only person with a story like this.

As an amateur fighter, Jon “Bones” Jones had the audacity to begin confidently signing his name as the “UFC Champ 2011” years earlier. In an interview, he said, “Me signing my signature with Champion 2011 can’t hurt me. It could only help me to believe it even more.” Jon Jones became the youngest champion in Ultimate Fighting Championship history in May 2011.

Every day, Sara Blakely wrote down what she wanted to be: (1) self-employed, (2) invent a product that she could sell to a lot of people, and (3) create a business that would be able

Day 7: The Power of the Pen

to fund itself. Today, Sarah Blakely, the creator of Spanks, is a billionaire!

In each story, these big dreamers had the courage to write their dreams. This is one of the most vital, but overlooked, keys to success! And it's really not that hard! Your life can drastically advance just by taking the time to grab a pen and some paper and begin to write what you want.

What do you want to achieve? Don't just keep your dreams up in your head. Write it down. Something powerful happens when you put pen to paper.

*And the Lord answered me:
"Write the vision; make it plain on tablets,
that he may run who readeth it."*

—Habakkuk 2:2 KJV

•• Notes ••

eli

”

SMALL
PROGRESS
IS STILL
PROGRESS

—Anonymous

DAY 8

WHY BOTHER?



Years ago, my dad and I were flying out of Dallas/Fort Worth International Airport, when he stopped by Starbucks to grab coffee. He ordered a low-fat, decaf coffee with 2% milk and no whipped cream.

The barista yelled, “One grande Why Bother!”

My dad said, “What did you call it?”

She said, “A cup of Why Bother!” In other words, what’s the point in getting coffee at all when you’re leaving out all the good stuff!

We tend to feel similarly when we launch new success habits that lead to our dreams. Why bother listening to a message on my way to work? Why bother cutting out one hour of television each night to read? Why bother declaring my dreams out loud? Why bother expressing gratitude when I don’t have much to be grateful for? Why bother making a pointless vision board?

In the beginning, all of your efforts may feel insignificant, so why bother! What’s simple to do is also simple not to do. In 2002, when I began these little habits, I never dreamed I would

Day 8: Why Bother?

still practice them today. I never imagined the monumental change they would produce in my life and ultimately, enable me to live my dreams.

The biggest difference between dreamers and dream-achievers is that those who achieve their aspirations are willing to do what others are not willing to do.

Most people scroll through our Instagram or Facebook page and think, “Wow! She does book signings in Paris, France! She’s on television. She launched another new book. She speaks to thousands of people.”

They don’t see me Monday morning at 5:00 a.m., rolling out of bed, slipping on my jogging clothes, driving to the gym in the dark, working out, and listening to messages for a full hour. They don’t see me return home, spend time in prayer, pray over my vision board, write down what I am grateful for, express praise to God, declare my dreams out loud, then shower, get dressed, and go to work.

Remember: The secret of your future is hidden in your daily routine. Change your routine, and you can change your life. Bother with these habits because little by little adds up to a lot.

“Then your father, who sees what is done in secret, will reward you.”

—Matthew 6:4 NIV

❖ Notes ❖

ell

”

ONCE YOU HAVE
EXPERIENCED EXCELLENCE,
YOU WILL NEVER AGAIN BE
CONTENT WITH MEDIOCRITY.

—Thomas S. Monsoon

DAY 9

PRACTICE EXCELLENCE ON THE WAY



When I was a little girl, my dad pastored a church in Fort Worth, Texas. A family attending the church had a dream of owning a brand-new Cadillac. This particular family was clear on their vision and continually told my dad, “We are declaring that we have a brand-new Cadillac, debt-free, in Jesus’ Name!”

One day, my dad said, “Let me see the car you’re currently driving.” They walked out to the parking lot. With one glance, he could see why they were not driving a brand-new, debt-free Cadillac, no matter how clear their vision or how consistent their declarations. Their current car was filthy. It looked like something from a junkyard.

My dad was honest with them. “God is not going to bless you with a better car when you don’t take care of the car you’ve got. Act as if this car were the Cadillac. Show God that you can be trusted with a nicer vehicle.” He went on to say, “If you don’t take care of this car, give it a few months and your Cadillac will look just like this!” I hate to say that I never saw

Day 9: Practice Excellence on the Way

them acquire that new Cadillac, but I also never saw them clean up their car.

God won't bless us with more when we are not faithful with little. If you're believing God for a new car, a new job, a new house, or a new career, one of the greatest strategies for success is to act as if you already have what you want. Practice excellence on the way to where you desire to be.

Excellence is one of the character traits of God. Genesis 1:31 says, "And God saw all that He had made and it was very good." Notice it doesn't say, "And God saw all that He had made and it was average." Or, "God saw all that He had made and it was acceptable or mediocre." No, it was very good.

Today, look at your surroundings, your work, your home, your pantry, your closet, your car, your endeavors, and have that same sentiment God had: It is very good.

"One who is faithful in very little is also faithful in much: and one who is dishonest in very little is also dishonest in very much."

—Luke 16:10 ESV

❧ Notes ❧

eli

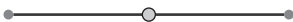
”

MANY OF LIFE'S FAILURES
ARE PEOPLE WHO DID NOT
REALIZE HOW CLOSE THEY
WERE TO SUCCESS
WHEN THEY GAVE UP.

—Thomas Edison

DAY 10

DIG IN YOUR HEELS



From the age of 15 to 27 years old, actress Jeanine Turner auditioned on average four times a day for movies, sitcoms, and commercials. During that time, she received at least 1000 rejections and was only cast in limited roles and small commercials. Jeanine was down to her last \$8 when she answered a call from a producer saying, “We think you’re the right one for this part.” It was for a TV series called *Northern Exposure*. The show became a huge success, and it changed her entire destiny!

Maybe you haven’t experienced 1,000 rejections like Jeanine. But maybe a voice in your head or even a person in your life is telling you, “You’re not qualified. You’ve got the wrong dream. Who do you think you are?”

I want to encourage you today to dig in your heels no matter how it feels. Do not ever give up. Ever. Don’t turn your back on the changes you want to see in your life. Set your mind for success on the dreams you have in your heart.

Day 10: Dig in Your Heels

Don't give yourself the option of quitting on your dream. Make up your mind. Too often, we dwell on past failures to such an obsessive degree that we don't even try again. This is where the enemy thrives. He doesn't want you pursuing your dreams. His goal is to prevent you from trusting God. He exists for the sole purpose of tricking us into a life of failure.

If you are discouraged or have stopped dead in your tracks regarding your dreams or you're on the verge of quitting, I want you to get up and start moving today. Get out your written dreams, spend time reviewing them, and dig in your heels. Do not let your mind talk you out of doing something that you know you need to do.

There is something about a made up mind that brings results. My dad always says, "When you're on the verge of quitting, that's always an indication your breakthrough is just about to happen." Don't quit.

"When I fall, I shall arise."

—Micah 7:8 KJV

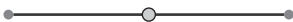
”

THE PERSON WHO STOPS
STUDYING MERELY BECAUSE
HE HAS FINISHED SCHOOL
IS FOREVER HOPELESSLY
DOOMED TO MEDIOCRITY.

—Napoleon Hill

DAY 11

TURN YOUR CAR INTO A CLASSROOM



Entrepreneur magazine reported a study by Tom Corley comparing and contrasting the habits of the wealthy versus habits of the poor. The study looked at commonalities in the habits to see what they shared. One of the habits is the practice of listening to audio teachings during their daily commute (and let me add that this is the easiest habit to adopt). The study showed that 63% of the wealthy learn on the go and only 5% of the poor find it important.

Successful people have successful habits. Research has shown that the average person drives twenty minutes to and from work each day. Over a five year period, that is 1,250 hours in your car or the equivalent of a college education! The successful attend “automobile university.”

You can actually get to a place in your life where you enjoy traffic jams. Why? Because you’re growing, your faith is increasing, your knowledge is expanding, and your fears are minimizing as you listen to uplifting teaching!

Day 11: Turn Your Car Into a Classroom

The average American tracks 12,000 miles per year in their automobile. That is the equivalent of spending 300 hours behind the wheel. Do you think your faith would be larger if you listened to 300 hours of teaching?

When you look at your vision board on the wall displaying so many impossible-looking dreams and goals, will you respond with fear or faith? It depends on what you are feeding the most. If you have 300 hours of faith-building teaching deposited on the inside of your spirit, you will respond with great faith. Turn your car into a classroom and start this habit today.

*"So then faith comes by hearing
and hearing by the Word of God."*

—Romans 10:17

⋮ Notes ⋮

elle

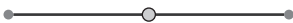
”

A LIFE
WORTH LIVING
IS A LIFE
WORTH RECORDING.

—Jim Rohn

DAY 12

A ROAD MAP FOR SUCCESS



Fergie, Grammy winner and lead singer of the Black-Eyed Peas, has talked about how she became free of her drug addiction and got honest with herself about what she wanted in life to ultimately live her dreams. How? Through journaling. She learned how to quiet self-doubt, believe in herself, and get in touch with her true desires.

Successful people keep a journal. Journaling isn't just for teenage girls. It's for business leaders, presidents, authors, entrepreneurs, and dream achievers. A journal allows you to analyze where you've been, where you are, and where you are headed. Never underestimate the power of a blank book.

Writing in your journal is where you get honest with yourself about your future. Your journal is your personal space to ponder and pen your aspirations. It's where you honestly answer questions about what you desire in your ideal future.

Asking yourself questions will help you identify your true desires. Once you answer your questions, the pages inside

Day 12: A Road Map for Success

your journal become your road map for success.

The benefits of keeping a journal are endless. Journaling does everything from improving your mental health to reducing stress, from eliminating anxiety to boosting energy. For me, it has provided crystal clear direction for my life and ministry, and I want all of that for you!

As long as you have a heartbeat, you have a purpose. I believe there is so much for you to look forward to, but you have to invest the time it takes to think and even journal about it. You will never regret it.

“Write in a book all the words I have spoken to you.”

—Micah 7:8 KJV

⋮ Notes ⋮

eli

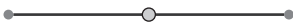
”

NOT FULFILLING YOUR
DREAMS WILL BE A LOSS TO
THE WORLD, BECAUSE THE
WORLD NEEDS EVERYONE'S
GIFT—YOURS AND MINE.

—Jim Rohn

DAY 13

DEFINE YOUR IDENTITY



Who do you need to become in order to have the dreams in your heart? Imagine the best version of yourself. The version of you who has everything on your vision board. Decide that's the identity you want to have. Yes, it is a decision you can make.

Atomic Habits by James Clear tells a story of two people resisting a cigarette. One person said, "No thank you. I'm trying to quit." This person still saw themselves as a smoker trying to be something else. They hoped their behavior would change while carrying the same beliefs.

The second person declined the cigarette by saying, "No thanks. I'm not a smoker." The different wording was minor, but the change was major. This person already decided smoking was a part of their former life, not their current identity.

Once you've established a change in your identity, walk in alignment with that new identity.

For years, I was lazy and didn't work out consistently. I was terrible with my money. I had no ambition. But in 2002, I de-

Day 13: Define Your Identity

cided on a whole new identity. When I started making changes, people noticed and said, “Terri is so disciplined.” Hearing those words made me want to maintain that identity.

Your behavior will never deviate from your personal identity. So how you view yourself is how you will act. If you view yourself as a procrastinator, you will procrastinate. If you view yourself as lazy, you will maintain a lazy lifestyle.

Don’t stop at deciding your new identity. Affirm it with your words every day. Job 22:28 tells us that when you can decree a thing, it will be established to you. Maybe you have stayed lazy, procrastinating, undisciplined because you’ve been saying it about yourself. So start speaking the opposite in faith.

Change your internal and external dialogue. Start declaring, “I am disciplined. I am proactive. I am energetic. I am successful.” I made a list in 2002 and began speaking it over myself. It was the exact opposite of who I was at the time, but my life and my behavior started lining up with my words. Change what you’re saying, and you’ll change what you’re seeing.

“Thou shalt decree a thing and it shall be established unto thee.”

—Job 22:28 KJV

•• Notes ••



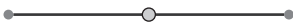
”

NEVER SAY
ANYTHING ABOUT
YOURSELF YOU DO NOT
WANT TO COME TRUE.

—Brian Tracy

DAY 14

ZIP YOUR LIP



A famous experiment on the power of words was performed by Dr. Mararu Emoto using rice. He filled three different containers with cooked rice and labeled them: “Thank You,” “You’re An Idiot,” and left one unlabeled.

Every day for one solid month, Dr. Emoto would speak to the container based on its label. He spoke pleasant, affirming words to the rice labeled, “Thank You.” He yelled harsh, demeaning words to the “You’re An Idiot” container. And the third unlabeled one, he ignored altogether. After thirty days of consistent treatment, the “Thank You” rice began to ferment, look appealing and give off a strong, pleasant aroma. The “You’re An Idiot” rice turned mostly black and mushy giving off a sour milk aroma, and the neglected rice began to rot and turn a disgusting greenish-blue color.

Since this research was published, other scientists, college students, and even homeschoolers have duplicated this experiment witnessing the same or similar results proving how powerful our words are in producing the outcome in our life.

Day 14: Zip Your Lip

Words are carriers of life or death. If rice can be affected by positive and negative words as well as total neglect, then how much more can your circumstances be dramatically affected by the same? Words are vehicles taking you closer to or further from your dreams!

My question for you is this: Are your words limiting you or are they promoting you? Are your words demoralizing and destructive or are they courageous and constructive? What is coming out of your mouth has everything to do with what you are experiencing.

How you frame your words will be how you frame your world. You cannot speak negative words and live a positive life. Your life tomorrow will be determined by the words you speak today.

Determine today that you will not let one negative comment come out of your mouth about yourself and your future again. You believe yourself more than anyone, so cut that stuff out of your vocabulary. Start asking yourself, “Is what I’m about to say what I want to come about in my life?” If it does not line up with your dreams, then zip your lip.

*“Words are powerful; take them seriously.
Words can be your salvation.
Words can also be your damnation.”*

—Matthew 12:37 MSG

Notes

ell

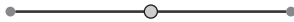
”

YOU ARE THE
AVERAGE OF THE FIVE
PEOPLE YOU SPEND
THE MOST TIME WITH.

—Jim Rohn

DAY 15

THE MAKE IT OR BREAK IT LIST



I read a story about a man who looked around at his closest friendships and noticed that they equally hated hard work and had no intention or desire to improve their lives. Out of curiosity, he asked a wealthy man, who wasn't any more talented or more educated than him, how he was able to become a millionaire. The wealthy man simply said four words, "Keep the right company." So, he did.

He followed that advice by attending conventions and seminars to connect with people who wanted more out of life. As he began making connections with these new goal-oriented people, he decided to make a list. The list was simple. One column was for those people who would improve the quality of his life and the other column was for those who would drag him down.

If an individual on the list could improve his life, he would spend as much time around them as possible. If someone could drag him down, he limited his time to no more than five min-

Day 15: The Make It or Break It List

utes around them. After following his “make or break” list, he became a millionaire within three years!

If you spend time with someone who has a cold or flu symptoms, you’ll most likely catch it. If you invest most of your time with people who cause you to compromise, think small, and limit your potential, you will forfeit the dreams God has put in your heart. I’ve heard it said that if you want to see where your life will be over the next five years, look at the list of names in your cell phone. You become like those you spend the most time with.

You are who you associate with. If you have friends who are generous, excellent in their appearance, live by a higher standard, and believe all things are possible with God, then you will rise to that level. Keep the right company.

“He who walks with the wise will become wise; but the companion of fools will be destroyed.”

—Proverbs 13:20 BSB

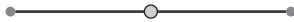
”

IF THERE IS
NO STRUGGLE,
THERE IS
NO PROGRESS.

—Frederick Douglass

DAY 16

EMBRACE THE STRUGGLE



Steve Jobs founded the Apple company at 21 years old. By the time he was 23, he was known around the world. Seven years later, after developing this global brand with so many products, he clashed with his board of directors and was fired from the company he started. At first, he felt betrayed and wronged. However, instead of sitting around in self pity, he went out and learned new skills then started a new company.

This company had something Apple needed, and eventually Apple purchased his company and brought him back as the CEO. Jobs himself said, “If I hadn’t been fired, I would have never learned these new skills that have made me into who I am.” He learned to bounce back from adversity and embrace the struggle.

When a bee is in its first stage of growth, the bee is put into a little cell with enough honey for its use until it reaches maturity. The honey is sealed with a capsule of wax and when the tiny bee has eaten all of the honey then the time has come for the bee to

Day 16: Embrace the Struggle

emerge out into the open. Getting through the wax is quite the agonizing struggle, but it is the only way for the bee to exit. The bee actually rubs off a membrane on its wings in the process, and on the other side it's able to fly.

A beekeeper told a story that a moth once got into the beehive and fed on the wax. All the little bees emerged without any strain or trouble. Except they couldn't fly, and the other bees stung them to death.

In other words, your struggles are never wasted. The times you push yourself to do what's best even when it's uncomfortable is always for your benefit. I want to challenge you to embrace the struggle. Every time you feel discomfort, celebrate because it means you are growing. It means you are succeeding. You're getting closer to the goal. Every time you embrace discomfort, you are joining the ranks of the most successful people in the world. Just remember the struggle is good for you.

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

—Isaiah 41:10 NIV

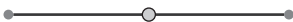
”

IF YOU WANT TO
CHANGE THE WORLD,
START OFF BY
MAKING YOUR BED.

—Admiral Bill McRaven

DAY 17

THE PATH TO YOUR PROMOTION



A young man was considering renting a house so he scheduled a tour with the landlord. As he pulled up to the property, he was greeted curbside by the owner. Before she began the tour of the home, she began asking him one question after another about his car. How long have you had it? How do you like it? Does it drive good? You might assume it was a foreign luxury car, but it was a Honda Accord. Finally, after all the inquiry and interest in his vehicle, she gave him a tour of the house.

Afterward, he asked the landlord, “Have you had a lot of interest in the house?”

She responded, “Yes, I have shown this place to several people, but honestly, you are the only person I would consider renting it to.”

The renter was puzzled and asked, “Why was I the only person to make the cut?”

She replied, “You are the only one who keeps their car clean and tidy. From experience, I know if someone takes good care

DAY 17: The Path to Your Promotion

of their car, chances are they will take care of my rental.” That afternoon, he signed the lease.

Your personal standard of excellence is all about preparation for something greater. Pastor Steven Furtick says, “What’s next in your life is always connected to what’s now.”

Remember: The way you do anything is the way you do everything.

If we can’t get our house in order, how can we get a business in order? God will prepare us for our promotion in the little things we do each day. In fact, the Bible says that Daniel became distinguished above all other high officials because “an excellent spirit was in him” (Daniel 6:3 ESV).

Your standard of excellence can pave the way for you to be promoted when you seem to be the least-likely. It will cause you to be set apart and promoted above those who may even be more qualified, educated, and experienced than you. Excellence puts you on a path for success.

“If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won't be honest with greater responsibilities.”

—Luke 16:10 NLT

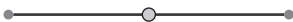
”

RESOLVE NEVER TO QUIT,
NEVER TO GIVE UP,
NO MATTER WHAT
THE SITUATION.

—Jack Nicklaus

DAY 18

YOU'VE COME TOO FAR TO QUIT NOW



Did you know *Star Wars* almost never made it to the big screen? George Lucas was living in a one-bedroom apartment and struggling as a filmmaker. His idea for the film was turned down repeatedly. Studio executives were unwilling to take on such a “confusing” story. They considered it a “children’s movie” like something Disney would produce; however, at the time, Disney didn’t want it either. George Lucas was disappointed but not defeated.

Over the years, the story went through countless changes before being picked up for movie production. Filming began with an unknown cast and an uninspired crew. A series of mishaps occurred during filming, from injuries to equipment breaking, even a rainstorm struck while they were filming.

But Lucas stayed determined and kept going. That’s exactly what you have to do even if nobody around you is cheering you on. George Lucas said, “You simply have to put one foot in front of the other and keep going. Put blinders on and plow right

DAY 18: You've Come Too Far to Quit Now

ahead.” At times, he wondered if he should just quit and get a “real” job, but he had made it too far to quit now.

Read those words again: You have come too far to quit now!

Star Wars may have only released in 32 theaters, but it surprised everyone and broke box office records. This “confusing” movie that no one believed became a phenomenon. The original film and its sequels have grossed billions of dollars worldwide and is now a massive franchise attracting generations of fans.

Lucas said, “If you want to be successful in a particular field, perseverance is one of the key qualities.”

When you’re about to give up, remember: The size of your challenge is an indication of the size of your calling. Your battle can be your burial or your greatest breakthrough. It all depends on your attitude. Keep the attitude that you’ve come too far to quit now! Don’t give up on your dream.

“Stay with God! Take heart. Don't quit. I'll say it again: Stay with God.”

—Psalm 27:14 MSG

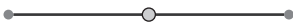
”

DON'T BE
A SPECTATOR,
DON'T LET LIFE
PASS YOU BY.

—Lou Holtz

DAY 19

LET YOUR IMAGINATION RUN WILD



Hall of Fame football coach, Lou Holtz, was only 28 years old when he lost his job, had no money in the bank, with a wife who was eight months pregnant, and two other children to feed. His wife, Beth, bought him a book about dreaming big. The book suggested he write all the things he wanted to accomplish in his life before he died. So, Lou sat at his kitchen table and let his imagination run wild. He wrote 107 things he wanted to do. The list included things such as:

- Have dinner at the White House
- Meet the Pope
- Appear as a guest on *The Tonight Show*
- Coach at Notre Dame
- Win a national championship
- Land a plane on an aircraft carrier

DAY 19: Let Your Imagination Run Wild

After reading that book and making his list, he realized that by writing down goals, he found ways to achieve them. But it all began by dreaming big and writing those dreams down. So far, Lou Holtz has achieved 102 of the 107 things he wrote.

One of the best ways to get started dreaming is to simply identify your desires. It's very important that you get clear on what it is you really want. This is the fun part! You get to dream as big as you want. Simply grab a pen and paper and begin writing your dreams and desires.

Now it's your turn. Let your imagination run wild. Just start writing every dream, every desire, every goal you'd like to achieve in your lifetime (without wondering how it could ever happen).

"That is what the Scriptures mean when they say, "No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him."

—1 Corinthians 2:9

⋮ Notes ⋮

ell

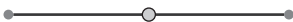
”

YOU JUST
CAN'T BEAT THE
PERSON WHO
NEVER GIVES UP.

—Babe Ruth

DAY 20

THE END OF THE MOVIE



Imagine going to the movie theater to see an exciting drama or adventure film. You arrive 10 minutes before the earlier showing has ended. Instead of waiting in the lobby, you go inside the theater and watch the last 10 minutes of the film. You see how the entire plot unfolds and how everything turns out. When the next showing starts, you go back in, sit through the entire movie but instead of being on the edge of your seat, nervous, concerned, anxious, you just watch the details of their clothing, the camera angles, the background, and trying to think of other movies you've seen the actor in. You're not nervous at all. You're calm, relaxed, and taking time to really enjoy the acting. Why? You already know how it all ends!

This is exactly how you need to act about your future! If you really trust that God is in control and "He works all things together for your good" (Romans 8:28), then rest in faith. It's gonna be okay.

DAY 19: Let Your Imagination Run Wild

What does the flight attendant tell you do before the plane takes off? Buckle up! Why? Because you will experience some turbulence before you reach a comfortable altitude. That's exactly what happens when you take off toward your dreams.

Things happen we didn't count on. It could be a major career change that wasn't planned, a painful divorce that drastically changes your circumstances, a family issue that breaks your heart, a diagnosis you didn't see coming, betrayal, lack of money, abandonment, etc.

We have to get to a place in life where we say, "This is no surprise to God. He knew I could handle this, grow from it, and come out stronger than ever before!" God knows the end from the beginning.

When you know that God is with you, that He can (and will) turn any situation around for your favor, then you don't have to be afraid. Trust that the rest of your movie is the best of your life story.

"Be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

—Joshua 1:9 NLT

•• Notes ••

ell

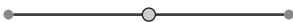
”

UNTIL YOU LEARN
TO BE GRATEFUL FOR
THE THINGS YOU HAVE,
YOU WILL NOT RECEIVE
THE THINGS YOU WANT.

—John Kralik

DAY 21

365 THANK YOU'S



At age 53, John Kralik had hit rock bottom. His law firm was struggling, he was being sued, his family was falling apart, he was behind on his bills, and he was overweight. As if that isn't depressing enough, his lifelong dream of becoming a judge seemed hopeless.

Desperate for change, John realized if he stopped focusing on what he didn't have and found a way to be grateful for what he did, maybe then he could find happiness—or at least find a way to tolerate his life.

John set a goal of writing 365 thank you notes, one for every day of the year. Day after day, he began to focus on gratitude. At first, he wrote to the people closest to him. He wrote letters of gratitude to past and present business associates, people he admired, and people he didn't get along with very well. He wrote to friends from college and the clerks at his local stores, his doctors and his neighbors. Eventually, he was writing to anyone he knew.

DAY 21: 365 Thank You's

As the year went on, everything in his life turned around. Surprising benefits and blessings began to come John's way. One thank you card he wrote was to someone who owed him money. He sent the note with no ulterior motive other than to express gratitude for the man being in his life, but in return the guy paid back the \$4,000 he owed John.

Bottom line, his entire life has been restored and transformed. He's wealthy, he's healthy, and happy with his life. He became a best-selling author and achieved his lifelong dream of being appointed as judge for the Superior Court in California.

The more gratitude you express, the more abundance you experience! I want to challenge you to go on a 30-day quest to journal three to five things you're grateful for every day. It has been proven that after 21 days, you retrain your brain to start scanning the world for positive things. A grateful heart is a magnet for miracles.

"Enter into His gates with thanksgiving and a thank offering and into His courts with praise! Be thanful and say so to Him, bless and affectionately praise His name!"

—Psalm 100:4 AMPC

•• Notes ••

eli

”

SET OUT EACH DAY
BELIEVING IN YOUR DREAMS.
KNOW WITHOUT A DOUBT
THAT YOU WERE MADE FOR
AMAZING THINGS.

—Josh Hinds

DAY 22

BECOME WHAT YOU BELIEVE



Would you have ever believed that before Rod Stewart was a raspy rock'n'roll singer, he worked as a grave digger in London? Or that actor Hugh Jackman once worked two jobs: a gym teacher and a literal party clown? Or what about the actress Megan Fox who went to work in a banana suit to stand on the side of the road and advertise a smoothie shop?

Just as impossible as their dreams seemed, yours probably seem equally as out of reach. You don't know how God can accomplish them. You don't know the right people. You don't have the finances. You don't have any connections or spectacular opportunities being handed your way. All you know is that God told you to dream. Now, all He's asking you to do is believe.

There's a story in the Bible of two blind men who approached Jesus asking if He would give them their sight. Instead of instantly healing the men, Jesus put the responsibility back on them by asking one pivotal question? "Do you really believe I can do this?" (Matthew 9:27). The key to their breakthrough was

DAY 22: Become What You Believe

in their response. Without hesitation, the blind men proclaimed, “Why, yes, Master!” He then touched their eyes and gave the solution to any of us desiring an impossible dream, “Become what you believe” (Matthew 9:28 MSG).

The same way those blind men began to see outwardly, you need to see your dream inwardly as if it’s already done. You need to have bold faith in God’s ability to do what seems impossible. Imagine Jesus standing before you today asking, “Do you really think I can give you that business, that career, that ministry, that financial breakthrough, that relationship goal?” And without hesitation, you boldly answer, “Yes, Lord.”

You don’t have to know how He is going to bring your dreams about; you only need to trust that He will. Dream big. Believe big and the results will be big.

“Become what you believe.”

—Matthew 9:29 MSG

”

START WHERE YOU
ARE. USE WHAT
YOU HAVE. DO
WHAT YOU CAN.

—Arthur Ashe

DAY 23

CAN THIS DREAM STILL LIVE?



Tyler Perry may seem to have it all now, but it wasn't always that way. His childhood was rough, to say the least. Growing up, he was kicked out of school, abused physically and sexually, and attempted suicide twice. In 1993, he put all of his savings into his first theater production which he wrote, produced, and starred in, but it failed horribly. He often slept in his car to get by. After six years, the show finally became a success. Today, Tyler Perry runs his own production company and was named Forbes' highest paid man in entertainment in 2011.

I read where 90% of all first-time businesses fail. Ninety percent of all second-time businesses succeed; however, 80% never try a second time. They give up after the first opposition and never fulfill what God put in their hearts to do!

Do you feel like the dream in your heart is hopeless? Ezekiel 37 tells of a man who faced a dead, barren situation, helpless to make any changes on his own. God set Ezekiel down in the middle of a valley of dead bones and asked him, "Can these bones

DAY 23: Can This Dream Still Live?

live?” Picture this in your mind. There was no sign of life. It was all dead. He was looking at it and saw the proof. Nothing was happening. It was over.

Think about that in reference to your dreams. Sometimes there are so many negatives around us that it seems like everywhere we turn, there is no hope to be found. It appears dead. It's over. God is asking you what he asked Ezekiel, “Can these bones live?” In other words, “Can this barren, dried-up dream still live?”

In the next verse, God gave Ezekiel the secret to resurrecting a dead dream: Speak life. Notice the solution to giving life to death is in the words of your mouth. Then Ezekiel said, “So I prophesied as I was commanded; and as I prophesied, there was a noise, and suddenly a rattling; and the bones came together, bone to bone” (Verse 7). God gave them life again. And He will do the same for your dreams, but you have to speak to them. The dreams in your heart come to life by speaking words of life over them.

*“Prophesy to these bones and say to them,
'O dry bones, hear the word of the Lord.'”*

—Ezekiel 37:4 NKJV

•• Notes ••



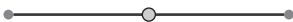
”

YOU HAVE
SOMETHING SPECIAL.
YOU HAVE
GREATNESS WITHIN YOU.

—Les Brown

DAY 24

YOU HAVE GREATNESS IN YOU



A friend of mine watches a popular cooking competition show. On one episode, four ladies battled it out to make the best dish and win a big prize. The winner of the first round of competition was rewarded with a major advantage going into the final round. She earned 10 minutes of help from a world-renowned chef to create a spectacular dessert. Are you ready for this? Her world-class chef just happened to be known for her pastries! Game over. She had the contest in the bag! We could prematurely announce the winner before the clock started. Or not!

The chef walked into the kitchen and simply asked, “What do you want me to do?” Keep in mind, this chef was recognized as the number one expert in her field.

What the contestant should have said was, “What can you cook in 10 minutes that will help me win? Whatever you can cook, that’s what I want.” And just let her loose!

Instead the novice contestant said to the world-class chef, “I need you to cut the fruit.”

DAY 24: You Have Greatness in You

The look on the chef's face said, "What?!"

And the judges at the table said, "What?!"

I'm sure the TV viewers were screaming, "What?! Are you nuts!" as they threw bananas at the screen!

The chef followed up with, "Are you sure?"

To which the contestant replied, "Yes, I've got a recipe. I just need you to cut the fruit."

Guess what? She lost. And she deserved to lose. Why? Because she didn't even know what to do with the greatness that was standing in her kitchen. She reduced the chef's expertise to cutting fruit.

Well, God's Word says, "Greater is He that is in you than he that is in the world." Don't insult God by asking Him to do something small in your life. He is capable of so much more. But you need to ask Him for it.

Don't diminish the Greatness that is available in your life by asking God for small dreams. Call on Him to do what He does best. He is an expert at going beyond your wildest dreams.

"Greater is He that is in you than he that is in the world."

—1 John 4:4 KJV

•• Notes ••

eli

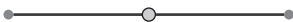
”

I CAN TEACH ANYBODY
HOW TO GET WHAT THEY
WANT IN LIFE. THE PROBLEM
IS I CAN'T FIND ANYBODY
WHO CAN TELL ME WHAT
THEY TRULY WANT.

—Mark Twain

DAY 25

CLARITY PRODUCES RESULTS



H.L. Hunt, the man whose life was the inspiration for the TV series *Dallas* and whose character, J.R. Ewing, was based on interpretations of him, was a man who rose from a bankrupt cotton farmer in the 1930's to a multi-billionaire. He was once asked during a TV interview if he could provide advice to those wanting to be successful. He responded by saying that only two things were required: (1) You must decide exactly what it is you want to accomplish, and (2) You must determine what price you'll have to pay to get it...and then resolve to pay that price!

How do you answer those two questions? How do you discover your destiny? As Joel Osteen puts it, "It's not complicated. Your destiny has to do with what excites you. What are you passionate about? What do you really love doing? Your destiny will be a part of the dreams and desires that are in your heart—part of your very nature."

What do you really want? When was the last time you even asked yourself that question? Do you want to be debt free? Do

DAY 25: Clarity Produces Results

you want to weigh a certain amount? Do you want to teach children? Do you want to open your own business? Do you want to go on a mission trip? Do you want to serve a ministry? Do you want to go back to school? Do you want to adopt a child? Do you want to save \$100,000? Do you want to renovate your house? What do you want?

Clarity about your dream is the single most important step to success!

You will be amazed at what you can accomplish in life when you get clear on your dreams and goals. Napoleon Hill did a study on the major causes of failure. Ninety-eight out of the one hundred people analyzed in the study lacked a well-defined purpose in life. He concluded, “There is no hope of success for the person who does not have a definite goal at which to aim.” Get crystal clear on what you truly want.

“Take delight in the Lord and He will give you the desires of your heart.”

—Psalm 37:4

•• Notes ••

ell

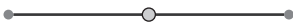
”

NEVER GIVE UP, FOR
THAT IS JUST THE
PLACE AND TIME THAT
THE TIDE WILL TURN.

—Harriet Beecher Stowe

DAY 26

DON'T TRADE YOUR DEADLINE FOR GOD'S TIMING



The story of Sir James Dyson is inspiring to me. In his 30s, he had an idea for a bagless vacuum cleaner, but it took him 5,126 attempts to finally get it right. That's a lot! Even when he did, he was faced with more opposition. He couldn't find a distributor.

Instead of giving up, he approached the Japanese market, and it took off. Three years later, he was awarded his first US Patent for it. Manufacturers still didn't want to take a risk on it. Again, he refused to give up on his dream. So at the age of 46, he formed his own company to market the product. Today, Sir James Dyson is worth more than £3 billion because of his refusal to give up on his dream no matter how long it took.

No matter how long it takes...keep fighting for your dream.

Author Kathryn Stockett stopped counting the rejection letters for her book after receiving the 45th. One letter said, "There's no market for this kind of tiring writing." Stockett kept working on her novel, even in the hospital after giving birth. It took five years before the book was published. Her hard work

DAY 26: Don't Trade Your Deadline for God's Timing

and determination paid off and gave us the memorable lines, “You is smart. You is kind. You is important.” The Help spent over 30 weeks on the New York Times Bestseller’s List and was even made into an award-winning movie.

Don’t trade your deadline for God’s timing. Keep believing, keep preparing and keep expecting your dream to come to pass right on time.

*“This vision is for a future time...
it will be fulfilled. If it seems slow in
coming, wait patiently, for it will surely
take place. It will not be delayed.”*

—Habakkuk 2:3 NLT

⋮ Notes ⋮



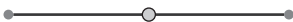
”

THE WAY YOU
DO ANYTHING
IS THE WAY YOU
DO EVERYTHING.

—Unknown

DAY 27

CLEAN UP THE LITTLE MESSSES AND YOU'LL SEE GREATER SUCCESSES



The way you do anything is the way you do everything. In other words, if your bed is always half-made, perhaps your book will remain half-written. Your messes and unfinished projects wear you down and prevent you from reaching your important goals!

Jack Canfield teaches that we must clean up our little messes before we can excel in our lives. What are these little messes? It's the broken doorknob you complain about but do nothing to fix. It's the stain on the carpet you walk past every day but don't replace. It's the jam-packed closet that frustrates you every morning, but you have no plan to organize it. You don't realize how much these little annoyances drain your energy and steal your peace.

A mess is any disagreement between the way you desire things to be and the way they actually are. And that mess causes stress.

When you have all these unfinished projects and little messes around you, it weighs on you internally. You feel

DAY 27: Clean Up the Little Messes

guilty about working toward your big goals when you should be clearing out all these little messes in your life.

Those who constantly overwhelm themselves by the thought of the work it might take to get things in order feel anxiety and stress, so they continue to put it off, therefore, maintaining a lack of confidence and peace. If you're not looking after the clutter in your home, you may not be fully looking after yourself either.

No matter how much or how little, your clutter does more than just get in the way. It's a mindset that paralyzes you from moving forward and making progress. It welcomes chaos into your life and causes you to miss out on the dreams God wants you to pursue.

Don't let the small things in life obscure the bigger things in your heart. Develop the mental force inside that refuses to delay another day ignoring the issues around you. Give yourself the gift of completion by following through with your decision.

Remember, take care of what you've got and God will bless you with better. Clean up the little messes and you'll see greater successes.

"But all things should be done decently and in order."

—1 Corinthians 14:40 ESV

”

COMFORT AND
CONVENIENCE RUN THE
LIVES OF
UNSUCCESSFUL PEOPLE.

—Brian Tracy

DAY 28

ARE YOU TOO COMFORTABLE?



Every single day, Steve Jobs would look himself in the mirror and ask this question: “If today was the last day of my life, would I be happy with what I’m about to do?” Jobs reportedly said that if the answer was “No” for too many days in a row, he knew he needed to make a change.

If you live this out in your own life, this inquiry causes you to view your daily decisions and actions in a new light. When your answer is “No” consistently, it becomes harder to ignore. You realize change is a must.

I was comfortable for eleven years. I drove the same route to work. Worked in the same office space at the same desk doing the same tasks for over a decade. There’s nothing wrong with that, especially if you love what you’re doing, but I wasn’t stretching myself out of my comfort zone. I wasn’t committed to any kind of plan for personal growth. Because I was stagnant, everything in my life was stagnant. My savings account didn’t increase. My relationships didn’t grow. My life experiences

DAY 28: Are You Too Comfortable?

didn't improve. When you stop growing, everything around you stops with it.

How long has it been since you challenged yourself to learn something, to read, to grow, to try something new? Being content is fine, but don't confuse it with "settling for less" because you're too afraid or too lazy to go after what you really want.

Never stop and settle when God has so much more for your life! I started asking myself a simple question to help me make decisions, "Terri, does this make you uncomfortable?" If the answer is yes, then I commit to doing it. The best thing you can do for yourself is purposefully put yourself in situations that force you to grow! Being uncomfortable is a good sign that you're headed on the road to success.

"Then you will know which way to go, since you have never been this way before."

—Joshua 3:4 NIV

”

HE WHO IS GOOD AT
MAKING EXCUSES IS
SELDOM GOOD FOR
ANYTHING ELSE.

—Benjamin Franklin

DAY 29

NO MORE EXCUSES



Excuses are what we give ourselves when we don't want to admit that we are where we are because of our own choices. The truth is we can always find ground not to pursue our goals. After all, our reasons are reasonable. George Washington Carver said, "Ninety-nine percent of the failures come from people who have the habit of making excuses."

It is said that if you really want something, you will find a way. If you don't, you'll find an excuse. Excuses are subtle reasons you create to justify why you can't succeed.

But every excuse can be countered:

- I don't have the education. Learn more.
- Nobody believes in me. Believe in yourself.
- It's never been done before. Be the first.
- I'm too busy. Schedule time.

DAY 29: No More Excuses

- I've made too many mistakes. Forgive yourself and move on.
- It's too late. Start focusing on the time you have left and use it wisely.
- This just isn't the right time. And it never will be if you keep making excuses.

Believe me, I know how easy it is to make excuses. You have to ask yourself, "How badly do I want this thing?" When you truly desire a goal or a dream, you will eliminate any excuse and rise to the occasion to achieve it. Taking responsibility for where you are in life at this very moment is the foundation for success. Living an excuse-free life starts you on the pathway to success.

Embrace the journey, challenge yourself, learn new things, be vulnerable, stick your neck out, stop playing it safe and prove to yourself that you have what it takes to succeed in life.

"Therefore you have no excuse..."

—Romans 2:1 ESV

⋮ Notes ⋮

eli

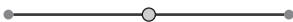
”

THE LORD DIDN'T SHOW JOSHUA
HOW TO USE THE SWORD, BUT
HE TOLD HIM HOW HE SHOULD
MEDITATE ON THE LORD DAY AND
NIGHT, AND THEN HE WOULD
HAVE GOOD SUCCESS.

—Dwight L. Moody

DAY 30

THE MOST IMPORTANT HABIT TO LIVE YOUR DREAMS



Actors Jennifer Aniston, Kristen Bell, Tom Hanks, Hugh Jackman, and Cameron Diaz (to name a few) find meditation helpful. Comedians Jerry Seinfeld and Steve Harvey, authors Tim Ferris, Jack Canfield, Tony Robbins, and many more use meditation as a part of their daily ritual to prepare them for the day. Oprah Winfrey, who went from extreme poverty to becoming one of the wealthiest women in the world, spends at least 20 minutes once or twice a day meditating.

I am not endorsing or condoning all types of meditation as a habit you should incorporate. I am simply pointing out that prayer and meditation of God's Word is a solution for success prescribed by God Himself.

Clearly, people from all walks of life find the habit of getting still and quieting out all the noise around them as key in helping them get centered, focused, and relaxed before they begin the day. Some recommend focusing on the Universe; however, I communicate with the Creator of the Universe. I am only endorsing

DAY 30: The Most Important Habit

praying and meditation with the One true God and His Word, the Holy Bible, which is our manual for success.

And according to God, you have to meditate on His Word if you want to be successful. Prayer is simply talking to God. Meditation is listening for God. It is where we sit quietly and direct our thinking on Him and His Word.

This single habit of prayer and meditation is the forerunner for all others. It is the one you need more than any other habit. If you just incorporate this one primary change in your routine, it will dramatically affect everything in your life. This is the cornerstone of success. Prayer and meditation is where you can experience relationships restored, receive God-inspired ideas that produce streams of revenue in your life, obtain energy in your body to go after other habits, develop a sense of appreciation for where you currently are in life, gain strength to make it through any trial or challenge you're facing, and hear God's voice more clearly than ever before.

"Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."

—Joshua 1:8 NIV

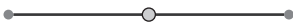
”

THE
FIRST
WEALTH IS
HEALTH.

—Ralph Waldo Emerson

DAY 31

GET FIT FOR YOUR DREAMS



Successful people exercise. And most have either run a couple miles, swam a few laps, or climbed a few floors before others have even had their donut or bowl of cereal in the morning. Everyone from Lady Gaga, Warren Buffet, Richard Branson, and Mark Cuban to Anna Wintours, Cher, Mick Jagger, and Jessica Alba consider morning exercise integral to their success. Whether it's a round of golf, a tennis match, a yoga session, or a trip to the gym, exercise gives you a massive boost of energy to propel you all day.

Whatever your reason for exercise, to lose weight for a special occasion or to get that “revenge body” to make your ex wish they'd never let you go, people who exercise for health reasons are more likely to make it a lifestyle than those who do so only for appearance. Successful people exercise because it helps them be their best.

Most successful people aren't necessarily trying to get bikini-ready or become a competitive bodybuilder, they desire to

DAY 31: Get Fit for Your Dreams

be fit inside and out to tackle their most important challenges. They give their body the attention it deserves because it affects their overall well-being. Physical health affects emotional and mental health.

It's no surprise that physical fitness and success go hand-in-hand. Working out consistently is the key to mental and physical health. It is one of the most important habits you should develop to transform your life and live your dreams.

Here's my recommendation: Stop looking at the one hour you don't have to exercise, and start looking at the 20 minutes you do have and get moving. Twenty minutes a day over the course of a month is 10 hours dedicated to improving your physical health. It all adds up.

*"Thus I do not run aimlessly;
I do not fight as if I were shadowboxing.
No, I drive my body and train it, for fear
that, after having preached to others,
I myself should be disqualified."*

—1 Corinthians 9:26-27 NABRE

•• Notes ••

ell

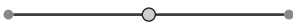
”

NEVER GIVE UP ON A DREAM
JUST BECAUSE OF THE TIME IT
WILL TAKE TO ACCOMPLISH IT.
THE TIME WILL PASS ANYWAY.

—Earl Nightingale

DAY 32

HOW LONG DO I HAVE TO WAIT?



I heard a story about a tribe of Aborigines in Australia who perform a special rain dance. This tribe, however, has something that sets them apart from other tribes. It always rains when this group performs. Well, you can't argue with results. Because of their phenomenal track record, they're able to charge the most money for their services.

One season in particular, when farmers were experiencing a tremendous drought, one of them suggested each farmer put their money together and hire these extraordinary rain dancers. They were desperate for rainfall. So, they agreed.

Sure enough, the tribe danced and suddenly, the drought came to an end, the clouds darkened, and the downpour came. Inquisitive, one of the farmers asked, "What is it about your tribe that makes it rain every time? What are you doing differently than the other tribes?"

The rain dancer simply said, "We just dance until it rains."

DAY 32: How Long Do I Have to Wait?

And there you have it. They dance until it rains. The others quit before the rainfall! The other tribes could have gotten the same results, had the same reputation, and demanded the same higher fees... but they quit before they saw success.

How long do you persist toward your dreams? Until it happens. How long do you push yourself to get up each morning and commit to your routine? Until it becomes a habit.

"So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we do not give up."

—Galatians 6:9 NLT

⋮ Notes ⋮



”

DON'T GIVE UP.
ONE DAY YOU'LL
LOOK BACK AND
BE GLAD YOU DIDN'T.

—Anonymous

DAY 33

STICK WITH IT



Software engineer Brian Acton wanted to be on the cutting edge of technology. Although he had 12 years of experience at Yahoo, he was a software mastermind that nobody wanted to hire at Facebook or Twitter. His dream job was to work for one of these social giants but neither employed him. After Twitter rejected him, he tweeted, “got denied by Twitter HQ. That’s ok. Would have been a long commute.”

After being rejected by Facebook, he posted another optimistic response. “Facebook turned me down. It was a great opportunity to connect with some fantastic people. Looking forward to life’s next adventure.”

Although he was rejected by his two dream companies, he stuck with his desire to be involved with the latest technology. He decided to team up with a former co-worker at Yahoo and began creating his own app. Five years later, he sold that app to Facebook (of all companies) for a reported \$19 billion! Brian Acton is the co-creator of WhatsApp.

DAY 33: Stick With It

No matter how many setbacks you have, rejections you encounter, or disappointments you experience, you have to stick with it! The reason I am so adamant about your “stickability” is because your discipline drives you to your dreams. Your dreams are part of the overall assignment God has placed on your life.

Anyone who has achieved great success has learned to stick with things. In other words, they stick with things when they don't see progress, and they stick with things when they exceed their expectations. You could say that they're glued to their goals. It means if they have a goal, a dream, a vision, they stick to it until it happens! A great deal of our success is our ability to stay consistent and committed until we see success.

“But as for you, be strong and do not give up, for your work will be rewarded.”

—2 Chronicles 15:7 NIV

⋮ Notes ⋮

ell

”

WHEN YOU WRITE THINGS
DOWN, IT SETS OFF A
CHAIN OF EVENTS THAT
WILL CHANGE YOUR LIFE.

—Anonymous

DAY 34

A CLEAR KEY TO SUCCESS



One of the most fascinating studies of writing your dreams was conducted by the 1979 Harvard MBA program. Graduate students were asked, “Do you have clear, written goals for your future?” A shocking 3% had written goals and plans. Thirteen percent had some goals but never wrote them down. An alarming 84% had no goals at all. Twenty years later, the same graduating class was interviewed and discovered that the 3% who had written goals were earning, on average, 10 times as much as the 97% of the class combined!

Writing your dreams and goals is a clear key to success!

Henriette Anne Klausner, author of *Write it Down, Make It Happen*, states, “When you write something down, you are stating your intention and setting things in motion.” The actual act of writing your goals down makes them real and tangible.

Before you design a vision board, you simply need to write. This is what forces you to clarify what you really want. Imagine going to the airport and purchasing a ticket to “somewhere.” No,

DAY 34: A Clear Key to Success

when you travel, you chart a particular destination. Writing your dreams and goals is no different. You are charting your course and deciding where you want to go.

Writing your dreams and goals enables you to stay focused. When you're focused, you are more likely to avoid distractions. When other opportunities come your way, even good ones, you will maintain your focus if your goals are in writing.

"So let's keep focused on that goal, those of us who want everything God has for us. If any of you have something else in mind, something less than total commitment, God will clear your blurred vision—you'll see it yet! Now that we're on the right track, let's stay on it."

—Philippians 3:15-16 MSG

•• Notes ••

ell

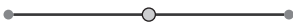
”

THE TIME FOR
ACTION IS NOW.
IT'S NEVER TOO LATE
TO DO SOMETHING.

—Antoine de Saint Exupery

DAY 35

ARE YOU LIVING YOUR DREAMS OR WATCHING OTHERS LIVE THEIRS?



According to a recent study published by Nielsen, the average American is watching over four hours of TV a day! That's over 30 hours a week in front of a TV set or as I like to say, watching other people live their dreams.

I want to help you analyze where you're spending the majority of your time and if it is helping you get closer to your dreams? Are there certain activities you could eliminate (not completely) from your routine that could catapult you to new heights?

It is truly shocking the results you see when you deduct one hour of TV time to do something productive. You will be amazed at what you can accomplish in just 60 minutes: clean an entire room, read a couple chapters, walk off a few hundred calories, become more fluent in a new language, or brainstorm an idea that could change your life.

I think you will be as surprised as I was years ago to discover exactly how much time you spend watching television. I encourage you to track it this week. You may think you're spending a

DAY 35: Are You Living Your Dreams

couple hours each night as you unwind, but after tracking it, you discover it's closer to five hours per evening compounding to over thirty-five hours a week. That's more than a full day out of your week watching other people fall in love, start businesses, travel the world, and achieve their goals.

Life is meant to be lived, not watched.

Time wasters are subtle. You don't realize how much is wasted and dwindled away a little at a time. Keep a journal to see the math in black and white numbers. Remember, your time is your life. If you waste your time, you waste your life.

"Lord, remind me how brief my time on earth will be. Remind me that my days are numbered—how fleeting my life is."

—Psalm 39:4 NLT

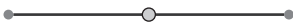
”

FOCUSING
IS ABOUT
SAYING
'NO.'

—Steve Jobs

DAY 36

THE ART OF SAYING “NO”



When Warren Buffet was asked to boil his key to success down to one single principle, his shocking response was, “For every 100 great opportunities that are brought to me, I say no 99 times.” Think about that. He attributes his unprecedented success to his ability to say no. Or you could say, his ability to stay focused.

The late Steve Jobs was asked, “What are you most proud of in terms of breakthrough products that you and Apple have built?” Jobs said, “I am as proud of what we don’t do as I am of what we do.” He went on to say, “Deciding what not to do is just as important as what to do.” That statement is true for companies, entrepreneurs, stay-at-home moms, and real estate agents. Everyone.

If you are focused on too many priorities, you will become one fragmented mess, incapable of completing your purpose and carrying out your vision. I love the statement, “Decide what your priorities are and how much time you’ll spend on them. If you don’t, someone else will.”

DAY 36: The Art of Saying "No"

When lion tamers were asked why they carry a four-legged stool into the cage with a wild animal (along with a pistol and a whip), the expert tamer replied that the stool is the most important in their defense. Why? Lion tamers hold the stool by the seat and thrust the four legs toward the face of the lion. This is an intentional tactic to force the lion to focus on all four legs of the stool at once. Doing this causes the lion's attention to be fragmented. It's all over the place trying to focus on four things at once. As a result, the lion becomes paralyzed and overwhelmed, which leads him to become weak, tame, and disabled.

And the same can happen to you. When your attention is all over the place, you become tame, weak, and disabled to achieve your dreams. Focus is the opposite of being distracted. When we have too many ideas and opportunities, we lose our focus and end up accomplishing nothing. Success is determined just as much by what you say yes to as what you say no to. Instead of making a "to do list," start making a "to don't list" and see what you can start saying "No" to today.

"A double-minded man is unstable in all his ways."

—James 1:8 KJV

⋯ Notes ⋯

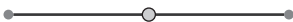
”

THE FUTURE BELONGS
TO THOSE WHO BELIEVE
IN THE BEAUTY OF
THEIR DREAMS.

—Eleanor Roosevelt

DAY 37

FRAME YOUR FUTURE



We are trained to frame our past by displaying photographs of what we've previously done and accomplished. The wedding photos from 1991. The graduation from 1987. The baby photos or the vacation from three years ago are all nicely displayed on nightstands, hallways, and desks.

Your vision board is just the opposite. You are literally framing your future before it ever happens! This is the fun part!

Designing a vision board is one of the most valuable things you will ever do to see the realization of your dreams right before your eyes! Once you've taken the time to write your dreams (get them out of your head and onto paper), now it's time to illustrate them visually.

Your vision board is a collage of images, pictures, visual representations that match your personal dreams and goals. This is an incredibly useful tool to keep you motivated to achieve them. You will be so inspired to continue dreaming when you watch your dreams come to fruition one by one.

DAY 37: Frame Your Future

Your mind thinks in pictures and images. It doesn't think in words. When you think about the car you desire, you don't see in big letters: C-A-R. You actually see a photo of the car in your mind. Since your mind responds strongly to visual stimulation (your goals and dreams in pictures), it is important that you see your dreams before you.

Be creative and enjoy searching for images that are a tangible representation of where you want your life to go. Give yourself permission to see beyond where you are today. Your life moves toward the dominating images you keep before your eyes.

"And then God answered: 'Write this. Write what you see. Write it out in big block letters so that it can be read on the run. This vision message is a witness pointing to what's coming.'"

—Habakkuk 2:2 MSG

•• Notes ••

eli

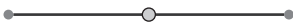
”

KEEP YOUR HEART OPEN TO
DREAMS. FOR AS LONG AS
THERE'S A DREAM, THERE IS
HOPE, AND AS LONG AS THERE
IS HOPE, THERE IS JOY IN LIVING.

—Anonymous

DAY 38

YOU BECOME WHAT YOU BEHOLD



Actress Emma Stone went against all odds to pursue her dream of acting in Hollywood. She had to convince her parents that moving to Los Angeles was the best thing for their family so she could become a star. How did she go about doing this? By showing them her dream in clear, compelling details.

She created a PowerPoint presentation about why she should pursue a career in acting, naming it “Project Hollywood.” She even added background music to her proposal by playing Madonna’s single “Hollywood.” Apparently, her vision was so convincing, Stone’s mother packed her bags and accompanied her to Tinsel Town (Los Angeles). Stone was only 14 years old at the time, and today she is an Academy Award Winning actress. That’s the power of seeing your vision before your eyes.

There is a powerful principle found in the Word of God that reveals that we become what we behold. In order to behold something, it does not mean to glance at it every once in

DAY 38: You Become What You Behold

a while. It means a constant, immovable, and firm gaze; to look at consistently and constantly.

Your vision for your future needs to be meditated on day and night. That word meditate is defined as “to think deeply or focus one’s mind for a period of time, to engage in reflection.” To reflect something means to literally turn into.

You could say you are “turning into” the images you think deeply of, focus on, and engage in. This can be compared to Polaroid cameras. You focus the camera on a subject, take the picture, and an image is developed right before your eyes. The point being that whatever you focus on will eventually develop in your life.

Most success coaches recommend starting your day and ending your day reviewing your dreams. That is how you keep them constantly before your eyes. The mind has the miraculous ability to figure out ways of achieving what it thinks about most.

“Keep this Book of Law always on your lips, meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

—Joshua 1:8 NIV

Notes

ell

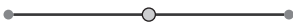
”

DO SOMETHING ABOUT
ONE THING THIS YEAR
INSTEAD OF NOTHING
ABOUT EVERYTHING.

—Mike Ashcraft

DAY 39

ONE WORD THAT WILL CHANGE YOUR LIFE



Shonda Rhimes, the creator of shows *Scandal*, *Grey's Anatomy*, and *How to Get Away with Murder*, said her sister, Delorse, said six words to her on Thanksgiving Day 2013 that changed her life forever: “You never say yes to anything!” That statement shook her up and compelled her to choose one little word for an entire year: Y–E–S!

Why? Because she realized she was saying no to everything! She said no to amazing invitations to be a guest on talk shows. She said no to attending awards shows and presenting awards. She declined being around influential people outside of work. She always said, “No!” Why? Because of anxiety, fear, self-doubt, and nervousness.

Rhimes made a decision to start saying yes to everything that pushed her out of her comfort zone and it opened up a whole new world to her! She’s given Ted Talks about it. She wrote a best-selling book about it. She became a New York Times Best-selling author all because she focused in on one

DAY 39: One Word that Will Change Your Life

word to drive her decisions and actions, and it changed her life forever!

What could you accomplish in your life if you chose a word—just one—to keep you focused, to help you make decisions, to stay ambitious, and to hold yourself accountable? Some of the most popular single words people choose each year are: Trust. Patience. Love. Discipline. Focus. Faith. Surrender. Peace. Listen. Joy.

I want to challenge you to sit quietly and write down a variety of words that come to your mind. Then, begin to narrow down the choices until you zero in on the one you feel God is speaking to you. Through the years, a few of my “one words” have been: Invest. Purge. Firm. Stretch. Grow. Thankful. Do you want a personal growth plan that you can remember? Choose one word that you will focus on all year long to achieve your goals.

“Wise words bring many benefits.”

—Proverbs 12:14 NLT

•• Notes ••

eli

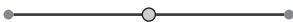
”

IMAGINATION IS
EVERYTHING. IT IS
A PREVIEW OF LIFE'S
COMING ATTRACTIONS.

—Albert Einstein

DAY 40

CAN YOU IMAGINE?



A beautiful young woman with a thick, country accent grew up one in the foothills of Tennessee. Her father never learned to read or write and she was of 12 children from a very poor family. She would put a tin can on a tobacco stick and jab it into the floor of their old cabin porch. That was her imaginary microphone. The chickens in the yard were her audience. She would imagine her old ragged clothes were dresses with rhinestones. In her mind, she was onstage with her guitar singing to thousands of people!

Dolly Parton used her imagination as a child and then became what she saw.

Do you know what one of the highest grossing movies of all time is? *Star Wars*. Other top grossing films are *E.T.*, *Jurassic Park*, and *Avatar*. Notice each of these films demand that you use your imagination.

When you were a child, it was so easy to do that. There was no shame in imagining yourself as someone else. There were no limitations on who or what we could be. As kids, using our

DAY 40: Can You Imagine?

imaginations was natural and normal. But as we grew up, many of us forgot how to use our imaginations and dream big.

Well, imagination is one of the keys of the most successful dream achievers. Your imagination serves a much bigger purpose for you than for kids playing dress up. It starts with getting quiet and just dreaming. God has an assignment for you, and it will require activating your imagination to find out exactly what that mission is.

Today I want you to start dreaming again. God wouldn't put a dream in your heart if He didn't intend for it to happen. Allow yourself to dream God-sized dreams and devote time to using your imagination according to His desires for you.

"So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

—2 Corinthians 4:18 NIV

⋮ Notes ⋮

ell

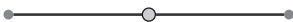
”

GO CONFIDENTLY IN
THE DIRECTION OF YOUR
DREAMS. LIVE THE LIFE
YOU HAVE IMAGINED.

—Henry David Thoreau

DAY 41

YOU ARE HERE!



If you spend much time at the local shopping mall but you're directionally challenged (okay, I'm describing myself), you'll notice several directory signs placed throughout the mall mapping various locations. In order to pinpoint your present location, there's typically a star or a big circle with the words, "You are here." Once you locate your current spot on the map, the next step is to identify the destination you want to reach. Then, you simply follow the steps outlined on the map.

This book in your hands is a directory, so-to-speak. I want you to identify where you are in life. Is your body out of shape? Are your finances a big mess? Is your marriage failing? Is your career nonexistent or miserable? Is your dream somewhere off in space, not even close to being a reality? Then you need to seriously locate where you are today.

Next, pinpoint your desired destination. Proverbs 29:18 says, "Where there is no vision, the people perish" (KJV). If you don't have a vision, you're dying. Plain and

DAY 41: You Are Here!

simple. You must identify the vision or destination you want to reach.

If your vision is to reach a financial goal, then you need to be very specific about it. We are instructed in Habakkuk 2:2 to write the vision plainly on paper. By now, you realize the importance of having your dreams and goals in writing. Vague goals produce vague results. It's not enough to only say, "I am believing for financial increase." That's no different than looking at the mall directory and saying, "I want to go to women's fashion." No, you are crystal clear on which women's fashion store you want to browse. Equally, you need to be laser-focused and clear on your financial destination.

Get crystal clear on where you are and where you are headed. When the vision is clear, the results will appear.

"I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."

—Psalm 32:8 NIV

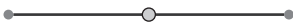
”

YOU GET IN LIFE
WHAT YOU HAVE
THE COURAGE
TO ASK FOR.

—Oprah Winfrey

DAY 42

YOUR MIND IS LIKE A MAGNET



I read a story about a guy named John Assaraf who created a vision board and hung it on a wall in his office. Whenever he dreamed of something that he wanted, such as a trip he wanted to take or a house he wanted to buy, he would find a photo of it and glue it to the board. Then he could see himself already enjoying the object of his desire.

Five years later, having recently moved into a new home, John was in his office when his five-year-old son came in the room. The little boy sat down on a couple of boxes that had been in storage for four years and asked his father what was in the boxes. John told him they were his vision boards. A little confused, the boy asked, “Your vision what?”

John opened one of the boxes to show his son what he meant. The man smiled as he looked at the first board that revealed a Mercedes-Benz sports car, a watch, and some other items, all of which he had acquired. Then, as he pulled out the second board, John began to cry. On that board was a picture

DAY 42: Your Mind is Like a Magnet

of the house he had just bought and was living in. Not a home similar to it, but the exact house John had pinned a photograph of from a magazine four years earlier. He was living in the actual house he had imagined.

The images you visualize in your mind become your reality. Your mind is like a magnet. Whatever gets in your mind and stays there, you will attract it in your life. This law works positively and negatively. If your mind is constantly thinking negative thoughts, you will attract negative circumstances. If you're constantly thinking you are worthless, you will attract people in your life who treat you as worthless.

At the same time, if your thoughts are positive, you will attract positive circumstances. If you're constantly expecting good things to happen for you, you will attract favorable opportunities. It really is that simple. Literally, like attracts like. So, get an image of where you want your life to go and stay focused until it is a reality.

"As a man thinks in his heart, so is he."

—Proverbs 23:7 NKJV

•• Notes ••

ell

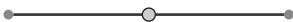
”

NEVER STOP
BELIEVING IN YOUR-
SELF. WHEN OTHERS
DOUBT, DON'T YOU.

—Catherine Pulsifer

DAY 43

BELIEVE IN YOURSELF



There was a university professor who made a unique offer to his college students. As he was about to administer the final exam of the semester, he bragged on how proud he was of the class. Because they had done so well, he wanted to offer them something.

“Anyone who would like to receive an automatic C grade on this test, raise your hand.” He explained they wouldn’t be tested whatsoever. Just lift your hand, no pressure, no failing grade, you’ll pass with flying colors.

One hand went up, then another, and another until about half of the class got up and walked out of the room. They were so relieved. No stress, no worry, no failing grade.

The professor went on to pass out the test to the rest of the students remaining, but he placed them face down on their desks. He asked them not to turn the test over until he instructed them to do so. For the next several minutes, he encouraged them on how they were going to go far in life because they believed in themselves, and that they should always strive to do their best in

DAY 43: Believe in Yourself

life. Then he instructed them to turn the test over and get started. When they turned over the paper, it read, “Congratulations! You just made an A!”

The ones who stayed believed they had what it took to get an A! Why settle for a C when you can get an A? Why settle for mediocrity when God has amazing plans for your life? Why settle for less simply because of your belief system? When you allow negative thoughts to remain in your mind, you’re settling for a C! God has so much more for you, but you have to change your internal dialogue.

What you believe about yourself on the inside is what you will manifest on the outside. As Henry Ford said, “Whether you think you can, or think you can’t... either way, you’re right.” Whatever you tell yourself becomes your reality. Closely monitor what you say to yourself, because when you fill your mind with positive thoughts, your life will line up with them.

*“I can do all things through
Christ who strengthens me.”*

—Philippians 4:13 NKJV

⋮ Notes ⋮



”

THERE ARE NO SECRETS
TO SUCCESS. IT IS THE
RESULT OF PREPARATION,
HARD WORK, AND
LEARNING FROM FAILURE.

—Colin Powell

DAY 44

PRACTICE IN PRIVATE



Basketball great Larry Bird would shoot 500 free throws every morning before his first class. Actor Jim Carey would sit in front of a mirror contorting his face for hours perfecting his skills. Basketball legend Michael Jordan spent his off seasons taking hundreds of jump shots a day until they were perfect. Winston Churchill, one of the 20th century's greatest orators, practiced his speeches compulsively.

Get this phrase ingrained in your mind: People are rewarded in public for what they practice in private.

Vladimir Horowitz, one of the greatest pianists of all time, reportedly said, "If I don't practice for a day, I know it. If I don't practice for two days, my wife knows it. If I don't practice for three days, the world knows it."

The ones who make it look effortless are the ones who practice the most when nobody is looking. If you want to distinguish yourself, practice, work hard behind the scenes, put in the extra hours!

DAY 44: Practice in Private

Success is not like going to a restaurant where you can pay the bill after you've enjoyed the dinner. The success you want requires payment in full, in advance, every single time!

Successful people in every field are often said to be blessed with talent or even just lucky. The truth is, most of them work harder than the average person can even imagine. But that's just it, they don't want to be average; therefore they must do things behind the scenes that distinguish them from everyone else.

"But your Father sees what is done in private, and he will reward you."

—Matthew 6:18 CEV

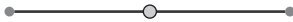
”

IMAGINE WITH ALL YOUR
MIND. BELIEVE WITH ALL
YOUR HEART. ACHIEVE
WITH ALL YOUR MIGHT.

—Anonymous

DAY 45

HOPE, BELIEVE, BECOME



In a well known study involving 180 patients with knee pain, doctors randomly separated them into three groups. One group would receive surgery to cut away and remove loose cartilage. The second would undergo arthroscopic lavage in which the bad cartilage would be flushed out. And the third group would receive nothing, a placebo surgery.

The patients who underwent the placebo surgery, received anesthesia and incisions on the knee, as if to insert surgical instruments. The remarkable thing is that two years later, without any knowledge of the actual procedure done to them, patients who received absolutely no treatment whatsoever reported the same amount of relief as those who received actual treatments. Doctors concluded from their experiment that the brain believed and expected it would be healed, so it was.

You must believe in yourself, in your dreams and in God's Word to you. You must believe that what you're speaking will manifest.

DAY 45: Hope, Believe, Become

You may recall the story of Abraham being told by God that he would be the Father of many nations. (See Genesis 18 and 21.) Considering Abraham was impotent by that time of his life, and his wife, Sarah, had already undergone the change of life, it was what some would label unbelievable. However, the Bible says, “When there was nothing left to hope for, Abraham still hoped and believed. As a result, he became a father of many nations, as he had been told” (Romans 4:18 GW).

He hoped, he believed, and he became.

When you get to a place in your life where it appears nothing is going in your favor, your circumstances seem hopeless, and you have no indication that things will ever change, you can still stand on God’s Word and say with great assurance, “I believe!” Then you better get ready! You are speaking the language of God, and He responds to a person of great faith!

“It is written: ‘I believed; therefore I have spoken.’ Since we have that same spirit of faith, we also believe and therefore speak.”

—2 Corinthians 4:13 NIV

•• Notes ••



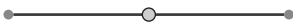
”

WHEN YOU WRITE THE
STORY OF YOUR LIFE,
DON'T LET ANYONE
ELSE HOLD THE PEN.

—Harley Davidson advertisement

DAY 46

THE STORY OF YOUR LIFE



One day you're going to wake up on your 78th birthday—the typical American lifespan is 78.6 years—and when you look back over your life, will you smile at what you see? Or are you going to wish you hadn't stopped dreaming somewhere along the way? Paint a vivid picture of your life with no improvement or growth beyond today. Whatever remorse there might be, let it be the driving force for what could be.

I actually did this in 2009 when I nearly allowed fear to stop me in my tracks. I wrote a vivid description of what my life would look like if I didn't step out and go after my dream. In other words, if I stayed exactly where I was, what would my life look like 10 years later?

Where I was at the time was a wonderful place. I was blessed, but I was comfortable. I wasn't growing or stretching myself out of my comfort zone. The bottom line is I knew God had more for my life but I was allowing my own insecurities to stop me.

DAY 46: The Story of Your Life

I'll never forget writing these words describing how I saw myself in 10 years if I never stepped into my dreams, "I'm comfortable, but I'm miserable. God had more for my life, but I was too scared. I'm disappointed in myself. I'm full of regret."

My eyes were opened to the harsh reality that I had to shake off complacency, face my fears, and step boldly out of my comfort zone into my destiny. That picture has fueled me to never let it become reality.

I challenge you to invest the time to sit quietly with yourself and paint a vivid, play-by-play description of your day-to-day life 10 years from right now if you don't adapt daily successful habits and step into what God has for you.

The good news is, it's not 10 years from now. It's only today, and you get to choose how you want to be remembered and what you're going to do with the rest of your life.

When you write the story of your life, don't let anyone else hold the pen.

*"Your life is like the morning fog—
it's here a little while, then it's gone."*

—James 4:14 NLT

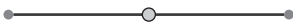
”

THE FIRST STEP TO
GETTING THE THINGS YOU
WANT OUT OF LIFE IS THIS:
DECIDE WHAT YOU WANT.

—Ben Stein

DAY 47

BE IN THE TOP 3%



A handwritten note from pop icon Michael Jackson was found in his warehouse years after he died in 2009. They discovered a 21-year-old Michael had scribbled these dreams on the back of a tour itinerary in 1979.

“I should be a totally [sic] different person. People should never think of me as the kid who sang ABC...I should be a new, incredible actor/singer/dancer that will shock the world. I will do no interviews. I will be magic. I will be a perfectionist, a researcher, a trainer, a masterer [sic]. I will be better than every great actor roped into one.”

He made promises to himself that he would study the work of great entertainers to improve himself. He also wrote, “I will study and look back on the whole world of entertainment and perfect it, take it steps further from where the greats left off.” And that’s exactly what he did.

He created a vision on paper and then lived into it. Michael Jackson went down in history as the “King of Pop” as

DAY 47: Be in the Top 3%

well as the “Most Awarded Recording Artist in the History of Pop Music.”

You have seen proof throughout this book on the importance of writing your dreams and goals; however, still only 3% of American’s actually do it. Again, this isn’t only recommended by the world’s highest achievers, it was God Himself who instructed us to pen our aspirations.

It’s as simple as picking up the closest pen to you right now, grabbing a notebook, and starting to write. Don’t rush through this. This is your life. This is how you will be remembered. This is how you will be described by the generations who live after you. What do you want them to say? That’s what you need to write.

“Write the vision and make it plain.”

—Habakkuk 2:2 NKJV

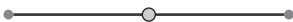
”

GREAT MINDS DISCUSS
IDEAS; AVERAGE MINDS
DISCUSS EVENTS; SMALL
MINDS DISCUSS PEOPLE.

—Eleanor Roosevelt

DAY 48

DON'T SHARE BIG DREAMS WITH SMALL MINDS



Did you know that eagles fly up to an altitude of 10,000 feet? No other birds will be found at that altitude. Only eagles. They do not mix with sparrows or other smaller birds like geese. Eagles don't mingle with pigeons. Eagles fly with eagles.

The size of your life will be determined by the size of the people you have around you.

If you want to be successful, surround yourself with successful people. The late Myles Munroe said, "If you keep running into pigeons, it's because you're flying too low. You can tell where you're at in life by who you keep meeting."

If you're going to live your dreams, you must surround yourself with greatness. Your success can be determined in part by whom you surround yourself with; but it can also be determined by whom you do not surround yourself with. You can't share big dreams with small minds. Small-minded people have a way of draining ambition right out of you. Big minds have a way of elevating you to reach your highest potential.

DAY 48: Don't Share Big Dreams With Small Minds

One of the most important decisions we make in life is choosing our friendships. Ask yourself: Who are you spending most of your time with? Do they elevate you or bring you down? Are they proactive dreamers with qualities you admire or people who just sit around gossiping about what other dreamers are doing? Do they motivate you to do more? Or convince you that your dreams are nothing but pipe dreams? Your future will be shaped by who you surround yourself with. Choose wisely.

*"He who walks with wise men
will be wise, but the companion
of fools will be destroyed.*

—Proverbs 13:20 NKJV

”

WINNERS
NEVER QUIT
AND QUITTERS
NEVER WIN.

—Vince Lombardi

DAY 49

AGAINST ALL ODDS



I can't help but be in awe of the grit this guy, Milton, had in pursuing his dream against all odds. Milton dropped out of school in the 4th grade. Later in life, he took an apprenticeship with a printing company only to be fired. That let down allowed him to pursue his interest in candy making and become an apprentice to a master confectioner in Lancaster, Pennsylvania. After studying the business for four years, he developed a big vision to start his own candy company. So, he went for it.

Milton started a candy company in Philadelphia, and unfortunately, it failed miserably. He picked himself up and went full force after his dream in Chicago. He started another candy company in Illinois, and again, it was a devastating failure. But he didn't let severe setbacks stop him from achieving his dream. He started yet another candy company in New York only to watch it go down in flames again. It failed miserably.

So, Milton gave up on his dreams and we will never know who he could have become.

DAY 49: Against All Odds

No, that's not the end of Milton's story because he refused to give up against all odds and developed such extreme perseverance, his very name is synonymous with chocolate. Milton Hershey moved back to Lancaster and began the Lancaster Caramel Company. His unique caramel recipe was a huge success; however, Milton believed that chocolate products had a much greater future than caramel. He sold the Lancaster Caramel Company for \$1 million in 1900 (that's equivalent to nearly \$25 million today) and started a chocolate company called the Hershey Company. Milton Hershey was glued to his vision. And we get to enjoy the sweetness of his persistence!

If God put a dream in your heart, then He has every intention to help you fulfill it. Your job is to fight against the odds and stay focused on your vision. It's all part of your story that will impact others and encourage them to beat the odds!

"But as for you, be strong and do not give up, for your work will be rewarded."

—2 Chronicles 15:7 NIV

•• Notes ••

eli

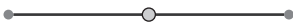
”

THE SECRET
OF YOUR FUTURE
IS HIDDEN IN
YOUR DAILY ROUTINE.

—John Maxwell

DAY 50

THE RULE OF 5



Pablo Casals started playing the cello at the age of 12 and became known around the world as the best in his field. At 85 years old, he still got up every morning and practiced five hours a day. When he was asked by a reporter why he put in so much effort at his age, Pablo smiled and said, “I think I’m getting better.”

As you think about your most important goals and dreams, there will be strategic action steps that you should take each day to move you closer to them. These steps are unique to your vision and must be incorporated into your daily routine. When practiced over time, they will set you apart from others around you. These steps are deliberate and intentional. These steps improve your performance, your confidence, and your results.

John Maxwell calls it “the rule of 5,” which describes a series of five activities you practice every day that become fundamental to your success. Maxwell is adamant that his “rule of 5” has been paramount to his success.

DAY 50: The Rule of 5

My personal rule of five are specific for my goals. Every day I pray, read, listen to faith-building messages, review my dreams, and exercise. Honestly, these five things only take up 15–20% of my entire day. I am finished with all five by eight o'clock in the morning. Trust me, you may think you are too busy to stick with these five things, but you can't afford not to invest in this time. Your future is hidden in your daily routine.

Take some time to think about what your five are. What action steps can you incorporate in your daily routine to catapult you into a successful future? Think of the possibilities. Think of what you can accomplish with the right disciplines and daily routine. Write them down. Remember God has too much planned for your life for you so stay where you are. Never stop investing in yourself. Never stop growing. Successful people are simply those with successful routines.

*"Jesus Christ is the same
yesterday, today, and forever."*

—Hebrews 13:8 NKJV

•• Notes ••



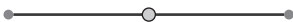
”

IF YOU WANT
THINGS TO CHANGE,
YOU'VE GOT
TO CHANGE.

—Jim Rohn

DAY 51

WOW, YOU'VE GROWN!



A 26-year-old Jim Rohn, broke, full of excuses, nothing in the bank, and pennies in his pocket, was blaming everyone for where he was in life. One day his wealthy mentor, Earl Shoaf, matter-of-factly told him, “If you want the future to change, you’ve got to change.” And that change can begin by picking up one book, listening to one podcast, or attending one conference. Consequently, Jim Rohn became a millionaire within five years time.

When you stop growing, you start dying. That’s a bold statement. When was the last time someone said to you, “Wow, you’ve grown!” We typically don’t hear that as adults, but I want that to be your aim. Growth should never again be viewed as a season of life but as a way of life. You should never stop growing.

You have plenty of opportunities every day to learn something and to grow yourself. As a result, when you grow, everything around you will grow with it. Your income, your relationships, your opportunities, your connections, your career, etc.

DAY 51: Wow, You've Grown!

Someone defined the word P.O.O.R. as Passing Over Opportunities Repeatedly. The dawn of every day brings us an opportunity to make improvements to our lives. A very interesting thing happens when you start the journey of personal growth: The more you learn, the hungrier you are to learn more. And the person who is hungriest to learn will be fed the most results.

Jim Rohn said, "You cannot change your destination overnight, but you can change your direction overnight. If you want to reach your goals and fulfill your potential, become intentional about your personal growth. It will change your life."

*"Study to show yourself
approved unto God."*

—2 Timothy 2:15 King James 2000

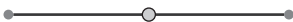
”

THINKING IS THE HARDEST
WORK THERE IS, WHICH IS
PROBABLY THE REASON
SO FEW ENGAGE IN IT.

—Henry Ford

DAY 52

MAKE TIME TO THINK



There was a little Australian boy named Peter with a learning disability, whose parents were third generation welfare recipients. His teachers told him he was a bad boy who would never amount to anything. Consequently, he failed every grade in school. As an adult, Peter went into business for himself on three separate occasions, failing and going broke each time. But he wouldn't give up.

Today Peter Daniels is a famed author, life coach, and speaker recognized for many successful ventures across the globe. His confidants and closest friends include royalty, heads of state, and many of the most successful entrepreneurs of our time.

When asked how he turned his failures into unprecedented success, Peter replied, "I scheduled time to think. In fact, I reserve one day a week on my calendar just to think. All of my greatest ideas, opportunities, and money-making ventures started with the days I took off to think."

DAY 52: Make Time to Think

This is where most people miss the mark; they don't think. They rarely ever schedule time to stop the busyness of life and just meditate, ponder, envision, or dream.

Trying to live your dreams without thinking through your vision is like trying to assemble a 1,000-piece puzzle without a picture on the box top. Having a bag full of puzzle pieces doesn't guarantee you'll be able to put it together. You don't know what it is. After a while you're going to get bored and frustrated. You're not going to want to get up in the morning, because you don't know what you're doing. But as soon as someone gives you the picture—Oh, it's the Eiffel Tower—all of the pieces make sense. You have the motivation to accomplish it. That's what happens when you take the time to think and get a vision for your life.

Today I challenge you to get away with God and just think, imagine, and give yourself permission to dream. Let God speak to you. Ask Him, "What do you want me to pursue today? What do you want to see accomplished?"

Thinking precedes achievement. The greater your thinking, the greater your potential.

*"Be careful what you think,
because your thoughts run your life."*

—Proverbs 4:23 NCV

•• Notes ••

ell

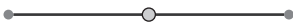
”

THE SECRET OF
GETTING AHEAD
IS GETTING
STARTED.

—Mark Twain

DAY 53

ONE THING SEPARATES WINNERS FROM LOSERS



Oscar winning actress Sarah Jessica Parker was born in Ohio with parents who divorced when she was young. Riddled with poverty, she grew up wearing ninety-nine cent dresses and sharing clothes with her seven siblings. Accustomed to living with little to nothing, surviving on welfare, enduring winter with no electricity, no Christmas to celebrate, she recalls bill collectors calling to say, “We’re shutting your phones off.” Parker said “We were all old enough to either get the calls or watch my mother’s reactions shuffling the money around.”

“There was no great way to hide being poor,” said Parker. However, rather than focus on all the obstacles that could prevent her from her dream, she began looking for opportunities to change the direction of her life and ultimately change her family’s legacy.

This little girl, with no advantages or favor on her side, took action. She practiced singing and studied ballet. The family ended up moving from Cincinnati, Ohio to New York City just to

DAY 53: One Thing Separates Winners from Losers

see what was available for her. She would wake up early in the mornings to go to the theatre, the ballet, and the opera because they offered it free for children on weekends. She practiced and studied and seized opportunities to improve her craft.

Eventually, she auditioned for Broadway and was cast for the title role in the legendary play, *Annie* acting alongside the one and only Bob Hope in 1979. One break led to another and that little girl rose from severe poverty to sitcom sensation as the wealthy, shoe-loving Carrie Bradshaw on her HBO hit show. Her net worth is now over \$130 million.

Jack Canfield said, “The one thing that seems to separate winners from losers more than anything else is this: Winners take action.” They know their dream will require work, demand persistence, accept challenges and refuse to give up! But they’re so compelled by their clear vision that they fight for their dreams like Sarah Jessica Parker did.

What do you need to do in order to take action? Every single day is another opportunity to take action. What does that mean to you personally?

*“Faith without corresponding
action is useless.”*

—James 2:17

•• Notes ••

eli

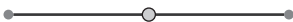
”

SMALL DAILY
IMPROVEMENTS ARE
THE KEY TO STAGGERING
LONG-TERM RESULTS.

—Bruce Lee

DAY 54

CHANGE ADDS UP



Early in our marriage, Rodney and I started saving our change. A little at a time, we threw a few pennies, a nickel, a couple of quarters into a giant Coca-Cola bottle-shaped bank. Months went by and it looked like we had about \$7 saved. But we kept on and kept on month after month.

When I was expecting our little girl, we needed extra finances to pay the doctor and hospital bills. We had no health insurance at the time and extra expenses were spent on my burrito fixes and Dairy Queen blizzards (and stretchy pants). In dire need of resources, we glanced at our piggy bank in the corner and thought, “Let’s take the change up to the bank and see how much money we’ve saved.”

We played a guessing game before entering the bank. I said, “Oh, we probably have around \$78.” Rodney guessed higher around \$92 in coins. When the bank teller poured our coin collection into the bin, we watched it spin around for several minutes then it spit out \$372 in bills! We were shocked to discover that our

DAY 54: Change Adds Up

little habit of tossing coins into a coke bottle provided more than enough for our first doctor bill. What am I saying? Change adds up little by little to outstanding results.

It's the same in your life. Every bit of change you make adds up! Every morning you spend time in prayer, it adds up! Each time you make positive declarations out of your mouth, it adds up. Each time you read another chapter, it adds up.

Many of us are used to watching movies that show people meet, fall in love, get married, have kids, achieve success, all within two hours! People conquer the world, slay dragons, start businesses in the same amount of time it takes you to do the laundry! But in real life it takes time and consistency.

Never underestimate the value of each day! Every day it's getting you closer to your dreams. Don't back down. Don't stop halfway. Don't allow the lack of results to stop you from plugging away. It's compounding. It's getting you closer.

“Do not despise these small beginnings, for the Lord rejoices to see the work begin.”

—Zechariah 4:10 NLT

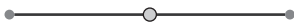
”

YOU HAVE
TO DREAM BEFORE
YOUR DREAMS
CAN COME TRUE.

—A.P.J. Abdul Kalam

DAY 55

IS YOUR VISION IMPAIRED?



Imagine it's pouring down rain outside and you jump in your car to drive home. Your engine works properly, the heater is working fine, the lights turn on, the music is pumping, but the windshield wiper seems to be broken. Let me alert you, you're not going anywhere. In a thunderstorm, if you can't see out of the windshield, you are stuck in place.

Here's the point: As long as your vision is impaired, you will stay where you are. Just like a GPS gets you to a destination, you need your own inner GPS to guide you.

Having no dream for your life is a time waster. God said, "Where there is no vision, the people perish." Perish means die. If you're going around day to day with no dream on the inside of you, it's like a dead man walking.

Do you have a passion for anything? I know many people think they don't have a passion, but that's never the case. There must be something that you enjoy doing. It's time to rediscover what excites you, and then do more of it. If you have a goal of

DAY 55: Is Your Vision Impaired?

doing something “someday” that day is today. The more you put it off, the more you’ll never check it off.

Start with things that excite you. Maybe your list will look like this:

- Take cooking classes
- Read 100 books
- Travel to 10 new states or countries
- Climb 5 mountains
- Enjoy weekend getaways with your best friends
- Run in your local marathon
- Learn a foreign language
- Start investing 10% of your income
- Read the entire Bible
- Volunteer at a local shelter or safe house
- Go on a mission trip to an underprivileged country

Whatever stirs excitement within you, start there. Don’t let your vision be impaired any longer. Without a vision, we die. But with vision, we come alive!

*“Where there is no vision,
the people perish.”*

—Proverbs 29:18 KJV

❖ Notes ❖

eli

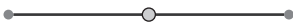
”

MOST OF THE IMPORTANT
THINGS IN THE WORLD HAVE
BEEN ACCOMPLISHED BY
PEOPLE WHO HAVE KEPT ON
TRYING WHEN THERE SEEMED
TO BE NO HOPE AT ALL.

—Dale Carnegie

DAY 56

DESTINY DECISIONS



A young girl named Eileen had big dreams of being a singer; however, she experienced great tragedy in life. Her parents divorced when she was two years old and her stepfather was violent with her mother. They were often without food and even lived in a homeless shelter for a time.

To make extra money, she started singing in bars at only eight years old. Her mother would wake her up at all hours of the night to perform. Eileen hated being in that environment surrounded by drunks but singing brought her so much joy.

Her life goal of singing to a wider audience was emerging in her late teens and early 20s. Until suddenly, her mother and stepfather were killed in a car accident. She made a decision to put her career on hold to take care of her three younger siblings. At 21, she became the sole provider for the family by singing in a local resort until they were old enough to care for themselves.

When many would have given up, Eileen kept her dream alive knowing when the time was right, she would still pursue it.

DAY 56: Destiny Decisions

It wasn't until her youngest brother graduated from high school that she felt it was time to pursue her dream by heading straight to Nashville, Tennessee. She changed her name from Eileen Twain to Shania Twain and became one of the highest paid singers in America winning 187 awards so far!

Shania Twain didn't allow adversity, tragedy or time stop her from her destiny.

We all come to a fork in the road where we must make destiny decisions. One of the greatest realizations you will ever come to is when you realize that there is only one person responsible for the outcome of your life, and it's you. You and you alone must take one-hundred percent responsibility for where you are and where you're headed. No matter how long it takes or what you may encounter in your life, don't let anything or anyone stop you from the calling God put in your heart.

Your decisions affect your destiny!

"So do not fear, for I am with you; do not be dismayed for I am your God. I will strengthen you and help you; I will uphold you with my righteous hand."

—Isaiah 41:10 NIV

”

LEARN TO WORK HARDER ON
YOURSELF THAN YOU DO ON YOUR
JOB. IF YOU WORK HARD ON YOUR
JOB, YOU'LL MAKE A LIVING. IF YOU
WORK HARD ON YOURSELF,
YOU CAN MAKE A FORTUNE.

—Jim Rohn

DAY 57

GROW AS YOU GO



I was listening to a friend speak at a leadership conference when he said something that made my jaw drop. He nonchalantly said, “I have spent time with Michael Jordan, Bill Gates, TD Jakes, Joyce Meyer, Tony Robbins, and Steve Jobs.” I was astonished at the network he had attained and the amount of influence he had developed to be able to connect with these super successful people. That is, until his next statement was, “...But I’ve never met any of them.” What? I thought, I’m confused.

He said, “I spend time with them every morning on my way to work and every evening on my way home as I listen to their audios.” This friend is now the pastor of one of the largest churches in America. That’s when I realized that the most successful people in the world grow as they go...everywhere.

It could be five minutes to drop off their dry cleaning or 45 minutes to the office. It could be waiting in line to pick up their kids at school or waiting for a train to pass, they utilize every opportunity to grow, learn and improve their mindset for success.

DAY 57: Grow as You Go

Everything starts in the mind. Your thinking has to change for your life to change. That's great, but how do you improve your mindset or elevate your thinking? The number one method God has given us to start this practice is found in Romans 12:2. "Faith comes by hearing and hearing by the Word of God." Also notice the verse says, "hearing and hearing." In other words it's a continual practice.

I started this practice years ago with a CD player in my bathroom and a sticky note that read "Push Play" as a reminder for me to listen to faith-building messages while I got ready. I had no idea that I would still be practicing this today. But it changed my life one message at a time.

This is one of the easiest practices to begin. You literally have podcasts and audios at your fingertips on your phone. You can build your faith daily. Start today to grow as you go.

*"The heart of the discerning
acquires knowledge, for the
ears of the wise seek it out."*

—Proverbs 18:15 NIV

⋯ Notes ⋯

ell

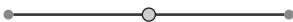
”

NEW BEGINNINGS
ARE OFTEN
DISGUISED AS
PAINFUL ENDINGS.

—Lao Tzu

DAY 58

REMEMBER TOMORROW



Lobsters have to leave their shells in order to grow. Of course, they need their shell for protection, but as they grow, the old shell must be left behind. If they don't abandon it, the old shell will become their prison and eventually their casket.

The tricky part for the lobster is that brief period of time between when the old shell is discarded and the new one is formed. The transition is vulnerable and scary for the lobster because the ocean is tossing it all over the place and fish are ready to eat them alive.

In the same way, if you don't embrace your new season when God is ready to do something new, your old ways could be the very prison that leads to your casket. To change, to grow, to seize the dreams God has for us, we have to abandon our shells, our old lives, our old habits, our old ways of doing things.

Time is limited and it's running out, but you still have more in you. I don't want you to be 75 years old and look back with regret over what you didn't do. Develop an urgency to get things done now.

DAY 58: Remember Tomorrow

Where can you start? With these two powerful words: Remember tomorrow. Those two words can drive you every day. Think about how your decision today is going to impact your tomorrow. If you quit now, how are you going to feel tomorrow.

Someone said, “Those who died yesterday had plans for this morning. Those who died this morning had plans for tonight. Don’t take life for granted. In the blink of an eye everything can change. So forgive often and love with all your heart. You may never know when you may not have that chance again.”

Life is short. Don’t take it for granted or waste it. You haven’t come this far to only come this far. Don’t miss your time by staying stuck in the shell of your past. Embrace the new dreams, the new assignments, the new goals that God has for your life.

*“Therefore, if anyone is in Christ,
the new creation has come:
The old has gone, the new is here!”*

—2 Corinthians 5:17 NIV

•• Notes ••

ell

”

CLUTTER IS NOT JUST PHYSICAL
STUFF. IT'S OLD IDEAS, TOXIC
RELATIONSHIPS, AND BAD
HABITS. CLUTTER IS ANYTHING
THAT DOES NOT SUPPORT
YOUR BETTER SELF.

—Eleanor Brown

DAY 59

CLEARING YOUR SPACE CLEARS YOUR MIND



Ninety percent of Americans say disorganization at home or work has a negative impact on their lives. Sixty-five percent say clutter affects their state of mind. Fifty-three percent say it reduces motivation, and forty percent say it leaves them feeling unhappy.

In fact, scientific studies have linked clutter and disorganization to depression and anxiety. When you declutter your environment, the outer order brings inner calm. Simply put, your life will be less stressed. Your mood is affected by your surroundings. Organizing experts have even reported their clients have lost weight, ended toxic relationships, left unhealthy jobs, and stopped bad habits once they decluttered their lives. Clearing your space clears up your mind as well.

What does this have to do with living your dreams? Psychologists believe that our homes mirror our emotional state. If your items are always lost, perhaps you feel lost in life. If your house feels out of control, perhaps your life feels out of control.

DAY 59: Clearing Your Space Clears Your Mind

If you're not looking after your house, perhaps you're not looking after yourself either.

When your surroundings are junky, it causes you to feel less productive and less energetic. It literally drains you of motivation. You tend to feel guilty for working on your big dreams and goals because you know you should be getting things cleaned up; therefore, your mind isn't free to be productive.

There is a direct link between organization and success. The organization of your surroundings reflects the organization of your life. To put it mildly, clutter blocks success. Where there's clutter in your home, there will be a degree of clutter in you. So, choose one room and get on a quest to declutter it and organize it. Watch the entire atmosphere become peaceful, productive, and enjoyable.

"Then this Daniel became distinguished above all other high officials and satraps, because an excellent spirit was in him. And the King planned to set him over the whole kingdom."

—Daniel 6:3 ESV

•• Notes ••

Handwritten signature or initials in cursive, possibly reading "eli".

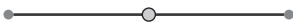
”

CLARITY IS THE MOST
IMPORTANT SINGLE QUALITY
OF GOAL SETTING AND PER-
HAPS THE MOST IMPORTANT
SINGLE QUALITY OF SUCCESS.

—Brian Tracy

DAY 60

BE SPECIFIC ON WHAT YOU WANT



Imagine it's New Year's Eve. You're wearing a festive party hat and "Aude Lange Sine" is playing in the background. As you reflect over the past twelve months with a smile from ear to ear, you cheerfully declare, "This has been the most amazing year of my life!"

What would need to happen for you to say that? The answer to that question is how you determine your goals. Your goals are targets. Without a target, there's nowhere to aim. You need to determine the bulls-eye(s) to hit this year in order to feel that it was a successful one. Define what a successful year looks like before you begin taking steps toward it.

Many people spend more time thinking about what they don't want than what they do want. They can easily tell you what they don't want. "I don't want to live here the rest of my life." But they don't define where they do want to live.

Talking about what you don't want is not going to change anything. That's like going to a restaurant and telling the wait-

DAY 60: Be Specific on What You Want

er, “I don’t want lasagna. I definitely don’t want fettuccine. I’d hate to have pizza another day.” The waiter would be frustrated thinking, “I can’t bring you anything until you tell me what you do want.”

God is asking, “What do you want?” He can’t change your circumstances until you get clear on what you want. Start putting some thought into it. Stop thinking about all the wrong things in your life and start focusing on where you want your life to go.

Be specific about your goals. As opposed to only writing, “I am debt-free in Jesus’ name,” I challenge you to calculate the exact amount. Write it down to the last penny. If you’re believing for a car, be specific. Don’t just expect any ol’ car. Get a picture of the one you want and how much it costs. If you ask for financial increase, then twenty dollars would be increase! How much are you believing God for? Vague goals produce vague results. Get crystal clear by being very specific.

“I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

—Philippians 3:14 NIV

•• Notes ••

ell

”

PASSION IS ENERGY. FEEL
THE POWER THAT COMES
FROM FOCUSING ON
WHAT EXCITES YOU.

—Oprah Winfrey

DAY 61

DO YOU HAVE THE STEAM TO REACH YOUR DREAM?



Have you ever dropped a coin in those machines at a carnival or an arcade room where it measures your passion? You squeeze the handle and it lights up and down waiting to land on an indicator of your enthusiasm. You're either: uncontrollable, hot stuff, passionate, sexy, mild, harmless, or clammy. Ha! You just hope it lands on something "steamy" in front of your friends!

That game (as accurate as it is!) is designed to rate your passion! Wouldn't it be interesting if we could measure our passion for our dreams as easily? You simply drop a quarter in the machine, squeeze the handle, and see what your odds for success are!

I believe we can measure our passion! How? By the results in our lives! The number one factor behind the achievement of your dreams is desire! In other words, do you have the steam to reach your dream?

How bad do you want what you say you want? How badly you want something dictates your behavior & reflects the level

DAY 61: Do You Have the Steam to Reach Your Dream

of effort you are willing to make! The bottom line is if you desire something badly enough...you will get it!

- If you really want to lose weight, you will.
- If you really want to get out of debt, you will.
- If you really want to start a business, you will.
- If you really want to go on a European cruise, you will.
- If you really want to write a book, you will.
- If you really want to draw closer to God, you will.

It's simple. We do what we really want to do! Whatever you desire most is what you'll have.

Your true desires will be manifested in your results. Weak desires bring weak results. If you're going to live your dreams, they cannot be just hopes or wishes. It must be a burning desire. How do you elevate your desire? Desires is manifested by what we give our attention to. The more focus you give your dreams, the more passionate you become about achieving it.

"Do what the Lord wants, and he will give you your heart's desires."

—Psalm 37:4 CEV

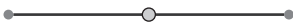
”

TOUGH TIMES
NEVER LAST,
BUT TOUGH
PEOPLE DO.

—Robert H. Schuller

DAY 62

LIVE THE EAGLE LIFE



A young man raised in a low income family in Memphis, Tennessee finished high school and joined the Air Force to become a fighter pilot. After four years in the military, he decided to pursue his dream of acting and moved to Los Angeles.

Sadly, it didn't work out, so he moved to New York City to make it as an actor but again, hit hard times. In fact, he was so broke, he was living on the streets eating stale donuts. Years went by with no success working odd jobs to pay the rent but he never gave up on his dream of acting. At the age of 50, he finally began being cast for quality roles in popular movies. Today, he is not only an Academy Award winning actor, but his voice is even more iconic than his face. Morgan Freeman, the man who fought for his dream, is considered one of the most influential actors in Hollywood.

God has called you to be victorious. But your greatest life lessons don't come from the good times or the successes. They always come from the hard times you've pushed through. That's where you grow. That's what prepares you for the victory.

DAY 62: Live the Eagle Life

When baby eagles are hatching from their egg, they use a little tooth at the end of their beak. They peck at the shell over and over. It takes time, and it's a struggle. Researchers say the mama eagle wants to help them pop the shell open, but she can't help. The baby eagle has to struggle, because the struggle is what prepares them to live the eagle life.

Everything you've been through has prepared you for today. This perspective can drastically change your entire outcome and outlook in life. Think about it this way: Things didn't happen to you, they happened for you. I want to help shift your entire outlook from being the victim of your circumstances to having victory over them. With this mindset, what you've been through can end up benefiting you rather than belittling you. Turn your pain into power and start living the eagle life.

"Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you."

—Deuteronomy 31:6 ESV

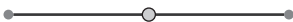
”

IT'S BETTER TO BE
WORLD CLASS AT A FEW
THINGS THAN MEDIOCRE
AT MOST THINGS.”

—Anonymous

DAY 63

WHAT IS YOUR ONE THING?



Jerry Murrell didn't know what he was going to do with his life. He was a financial planner but wasn't quite satisfied. He even started several businesses that failed. After going through a painful divorce, getting remarried and having four sons to support, nothing was working. As a child, he was told, "If you don't get serious, you're gonna end up making burgers!"

One day, he began thinking about a little hamburger joint in his hometown and how the only thing the owner sold was hamburgers but he was happy! An idea popped into his head, "Burgers! That's something I know I can do." Keep it simple!

Jerry asked his sons if they wanted to go to college or use their college money to start this burger joint together. Each of his sons wanted to join the vision and be a part of it.

The bank thought he was out of his mind! He found a building where rent was affordably low because it was out of the way and hard to find. But he knew if they could convince people to come, they could succeed. When the loan officer asked for a business

DAY 63: What is Your One Thing?

name, Jerry looked at his four sons and said, “I guess we’ll call it Five Guys until we think of something else.”

On opening day, they had no idea how things would turn out, but by 1:00 p.m., they were packed! They’ve made a profit since day one, and now Five Guys Burgers and Fries has annual revenue of \$2 billion. Jerry found his focus and became world class at it.

Someone said, “It’s better to be world class at a few things than mediocre at most things.”

You just need one thing to focus on and become world class at. Have you noticed most Olympians don’t win a gold medal in two sports? They go all in on one thing. What is your one thing that you need to zero in on and become the best at it? Successful people aren’t great at many things; they are exceptional at one thing. Keep it simple and stay focused.

“Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead...”

—Philippians 3:13 NASB

•• Notes ••

elle

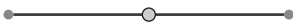
”

THE
STRUGGLE ENDS
WHEN GRATITUDE
BEGINS.

—Neale Donald Walsch

DAY 64

CHANGE YOUR PERSPECTIVE— CHANGE YOUR OUTCOME



There was a man so discouraged that he went to his minister to tell him how miserable he was. The preacher got a piece of paper and drew a line down the middle and said, “Let’s list your assets on this side (things that are right in your life). And on the other side let’s list your challenges (things that are wrong in your life).”

The man laughed. “I’m not gonna have anything on the asset side.”

The minister said, “That’s fine. Let’s just go through this exercise to help you overcome the challenges.” Then he said, “First of all, I am so sorry to hear that your wife passed away.”

“What are you talking about?” The miserable man responded, “My wife is alive and healthy.”

The minister said, “Oh,” as he wrote in the asset column: has a healthy wife. Next, he said, “Well, I’m sorry to hear that your house burned down and you were left with nothing. What a tragedy!”

The man replied, “My house didn’t burn down. I’ve got a nice house.”

DAY 64: Change Your Perspective—Change Your Outcome

“Oh,” the minister repeated and wrote: has a nice house.

Finally, the minister continued compassionately, “I’m sorry you lost your job after the years you invested in the company and now you have no income.”

“Where are you getting this information? I didn’t lose my job,” said the man. Again, the minister added another blessing to the asset column: has a good job.

The formerly miserable man caught on. “Give me that list,” he said and wrote down another dozen things he had to be grateful for and walked out with a whole new attitude. What happened? His perspective was off. He received a new outlook on life by shifting his perspective.

I want you to have the right perspective. Your outlook about what you’re facing could be what’s keeping you from your dreams. Make a decision to magnify the good that’s happening in your life and stop focusing on all that’s not right. Complaining will only get you more of what you are complaining about. Being grateful causes you to attract more to be grateful for. So, change your perspective and you’ll change your outcome.

*“Give thanks in all circumstances,
for this is God’s will for Christ Jesus.”*

—1 Thessalonians 5:18 NIV

⋯ Notes ⋯

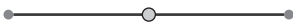
”

GOD WILL CHANGE
YOUR CIRCUMSTANCES,
BUT HE'LL CHANGE
YOU FIRST.

—Joyce Meyer

DAY 65

START WITH YOU!



John Maxwell taught at a leadership summit where he agreed to do a Q&A at the end. A young guy with an MBA stood up and asked, “John, I love your leadership principles. I keep thinking I wish I had somebody to lead. I wish I had a team to lead. I wish I had a company or a department. Where should I start?”

John said, “Good question. Start with you.”

In other words, if you wouldn't follow yourself, why should anyone else follow you? Maxwell's advice was to start developing excellence and leadership qualities in yourself that you want to teach someone else. Before you can lead anyone else, you must learn to lead yourself.

A good exercise is to imagine a teenager saying, “I want to learn to be successful. Can I shadow you for the next five days to observe your habits?”

What would they see? What would they observe about your daily life (your routine, your rituals, your habits) that would

DAY 65: Start With You!

motivate them to want to be like you? Does that compel you to make a few adjustments?

Your life will only grow to the extent that you grow. Your money will only grow to the extent that you grow. Your career, marriage, salary, relationships, opportunities, and influence will only grow to the extent that you grow.

When you study the lives of those who have succeeded the most in their field, you will notice a common theme. They have a personal plan for growth. You may have seen this quote on Instagram or Pinterest that says, “Obsessed is a word the lazy use to describe the disciplined.”

Can you imagine a teenager watching you for a week and saying, “Wow! You are so consistent. You do this every single day?” And you respond with my favorite John Maxwell quote, “Yes, the secret of your future is hidden in your daily routine.”

When you start leading yourself with good habits, you will rise above mediocrity, separate yourself from the average, and distinguish yourself for success.

“Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith.”

—Hebrews 13:7 NIV

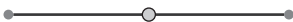
”

IF YOU CAN SEE IT
IN YOUR MIND,
YOU CAN HOLD IT
IN YOUR HAND.

—Steve Harvey

DAY 66

PAINT A PICTURE



In an interview with Oprah Winfrey, comedian and talk show host Steve Harvey explains why he is committed to having vision boards. “Man, if I didn’t have no vision board, I’d be in trouble,” said Harvey. “You gotta keep it in front of you. It’s on my laptop. It’s on my screen on my phone. It’s on my iPad. It’s on my desktop.”

Fascinated by Harvey’s interest in keeping the vision before him, Oprah responded by explaining how 10 years ago on The Oprah Winfrey Show she talked about vision boards and many people were skeptical saying, “That doesn’t work.” She pointed to Harvey emphatically saying, “You are living proof. It absolutely does,” said Winfrey. “You have to have a vision, and a plan to execute so that every step moves you in the direction of vision.”

“You’ve got to create dream boards,” Harvey agreed. “You’ve got to put the new car up. Put the weight you want to be. If you can see it in your mind, you can hold it in your hand.”

DAY 66: Paint a Picture

Harvey continued to explain how big and crazy his dreams are and how others would laugh at his ridiculously big vision. Some of his dreams included he and his wife personally paying for 10,000 children to attend college, exploring Africa in order to help the infrastructure of the roads, owning a specific type of plane, etc. He took it a step further by having his tailor sew some of his most important dreams on the inside of his suit cuffs and the inside of his pants!

Do what you need to do to keep your vision in front of you continually. The more vivid you paint a picture of where you want to go, the more decisive you will become!

"Become what you believe."

—Matthew 9:29 MSG

”

TO BE A CHAMP YOU
HAVE TO BELIEVE IN
YOURSELF WHEN
NO ONE ELSE WILL.

—Sugar Ray Robinson

DAY 67

THE MINDSET FOR SUCCESS



Jack Canfield tells a story about the 1983 Australian sailing team who had never won the America's Cup. That year, the Australian coach had new idea. He wanted to try visualization and positive affirmations with his team. So, he made a cassette tape depicting the Australian team beating the American team. It was professionally put together with sound effects of the wind and the sail, waves crashing and teammates saying, "We're going around the last buoy. We're gaining ground. We're sailing right past the Americans. And the Australians have won the America's Cup!" It had the shouts and cheers from the team and the roaring crowd congratulating them. The tape went on for about 20 minutes.

The coach required the team to listen to the tape twice a day for three years! When race day finally approached and they were up against the Americans, their attitude was, "Not them again! I mean how many times do we have to beat these guys?" You guessed it, they won the America's Cup. Why? Their whole mindset was different. They had the mindset for success.

DAY 67: The Mindset for Success

Whoever has your ear has your life. What are you listening to the most? Are you consumed with negative thoughts about yourself, your capabilities, and your future? Are you listening to the doubts and negative voices of those around you? God wants to do big things in your life, but He can't if you consistently have an insecure, inferior mindset.

The most important ingredient for success is having a positive self-image. You must see yourself the way God sees you. Your self image is affected by what you listen to the most. God loves you more in a moment than anyone could in a lifetime.

*"I brought you from the ends of the earth
and called you from its farthest corners.
I said to you, 'You are my servant.' I have
chosen you and not rejected you."*

—Isaiah 41:9 BSB

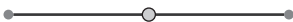
”

YOUR LIFE WILL BE
DETERMINED OVER THE
NEXT FIVE YEARS BY THE
PEOPLE YOU HANG AROUND
AND THE BOOKS YOU READ.

—Anonymous

DAY 68

LEARN MORE TO EARN MORE



Do you know what you are most likely to find by a wealthy person's nightstand? Well, if you're from Texas, it could be a gun, but in most cases, it's books. In fact, they discovered the largest homes of the wealthiest people had something in common that lower income homes do not have: a library.

Leaders are readers. The old adage that you must learn more to earn more is very much alive today. Wealthy, successful people approach a \$30 book as though it has the potential to make them millions of dollars. I read where Bill Gates and Warren Buffet were asked if they could have any super powers what would it be? Keep in mind that these two men are in the top five of the wealthiest people in the world. They realize that these "super powers" could get them anything they want in life. They responded that they would want to be the fastest READERS in the world! The proof is in the pudding!

You have to change your mindset from viewing growth as a period of life to a way of life. Jim Rohn said, "Any time somebody

DAY 68: Learn More to Earn More

says, 'I want to be a great leader,' the first thing we do is follow him to his house and check his library!"

Why check his library? According to Rohn, "The reason is because what a man reads pours massive ingredients into his mental factory and the fabric of his life is built from those ingredients." The Bible says, "As a man thinks in his heart, so is he" (Proverbs 23:7).

Bishop TD Jakes says, "I ought to be able to look in your surroundings and know your dream." Jakes continues, "Are the books you're reading taking you to your dream? Are the seminars you're attending taking you to your dream? Is what you're doing in private taking you to your dream? Is where you're spending your money taking you closer to your dream? Show me your checking account and I'll show you your priorities." Make reading a part of your routine and as your mindset improves, your life will improve.

*"Wise men and women are
always learning, always listening
for fresh insights."*

—Proverbs 18:15 MSG

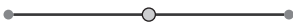
”

YOUR TALENT IS GOD'S
GIFT TO YOU. WHAT YOU
DO WITH IT IS YOUR GIFT
BACK TO GOD.

—Leo Buscaglia

DAY 69

YOUR GIFT IS IN YOU



A young man applied to go to music school and was brought in for an audition. They gave him scales to sing, but he could only sing the first two notes properly. He was told that he didn't have what it took to be a musician. The man cried and cried because of the painful rejection from the music program he dreamed about attending.

He told his friends afterwards, "I know there's music in me, and they can't keep it out." He knew singing was his gift. Eventually he became one of the most successful and beloved jazz musicians of all times. Louis Armstrong sold more records and made more money than scores of others who were more talented at singing. Armstrong is forever etched in the history of music.

Just as he declared, "Music is in me," your gift is in you. What is your gift? What are those gifts that are already on the inside of you? You might say, "I don't have any special abilities to offer."

Rick Warren says, "You have dozens, probably hundreds, of untapped, unrecognized, and unused abilities that are lying

DAY 6g: Your Gift Is in You

dormant inside you. Many studies have revealed that the average person possesses from 500 to 700 different skills and abilities—far more than you realize.”

You have a gift from God already on the inside of you. Your job is to discover it and develop it. Then God promised, “Your gift will make room for you and bring you before great men” (Proverbs 18:16).

Once you discover your gift, it will prosper you! When you excel in your gift, people will pay you for it. Proverbs 17:8 says, “A gift is as a precious stone in the eyes of him that has it: whithersoever it turneth, it prospereth.” In other words, a gift is like a precious stone to the one who has it and whenever he stirs it up, it turns into prosperity. Take some time to think about what comes natural to you. Where do you naturally excel? That could be an indication of your God-given gift.

“Stir up the gift of God which is in you...”

—2 Timothy 1:6 NKJV

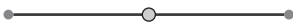
”

NO ONE
HAS EVER
BECOME POOR
BY GIVING.

—Anne Frank

DAY 70

WHEN NOTHING'S GOING YOUR WAY



Most people say when your goals seem out of reach and when nothing's happening, hustle more, 10X your efforts, and work harder! I'm giving a different message today.

An exceptional young kid named Caleb was paid by his father, not to do typical household chores like most kids, but to read success books. As you can imagine, he was filled with ambition and big dreams. By the time most kids are attending sleepovers, Caleb was keynoting success seminars.

But there came a time when everything felt like it was going wrong for this young guy and his dad. Caleb was making sales calls, but nobody was buying. He had no invitations to speak at conferences. Overall, he was discouraged and nearly depressed. He tried to read a motivational book to bring his mindset up higher. Nothing worked. So he said to himself, "My life is not going the way I want it to so there's only one thing I can do to turn it around: Make somebody else's life better."

DAY 70: When Nothing's Going Your Way

He and his dad bought 10 sleeping bags and cases of water. They went to the inner city and gave them out to the people on the streets. Then, as he was leaving Walmart, he saw a single mom and knew in his heart he was supposed to bless her. He reached in his pocket and gave her all that he had. A \$100 bill.

With tears pouring down her face, she said, "If it wasn't for you, my family wouldn't be able to eat tonight."

Caleb didn't care about the sales calls, the invitations, or the breakthroughs. He knew he had put himself in position for a major breakthrough. God was in control.

When his head hit the pillow that night, he heard a text come across his phone. He had just received an invitation to speak in Australia at the largest conference he'd ever spoken at alongside his heroes. That conference changed his life. When nothing is going good for you, go do something good for someone else.

"It is possible to give away and become richer! It is also possible to hold on too tightly and lose everything. Yes, the liberal man shall be rich!"

—Proverbs 11:24-26 TLB

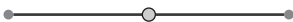
”

TOMORROW IS THE
ONLY DAY OF THE YEAR
THAT APPEALS TO
A LAZY MAN.

—Jimmy Lyons

DAY 71

DO IT NOW



In 1975, a struggling actor had run out of money and was scraping by. Just to afford food to eat, he had to sell his beloved companion dog Butkus for \$50. But one night, with one decision, his entire life changed as he watched a boxing match between Chuck Wepner and the world heavyweight champion, Muhammad Ali.

In the ninth round, underdog Wepner did what no one thought he could do. He knocked the champion to the ground. Fans worldwide were shocked! Although Ali did retain his title, this relatively unknown fighter, Wepner, went an unexpected 15 rounds with the champ and was only seconds away from winning the title.

Meanwhile, as the rest of the world watched this remarkable match, the down-and-out actor, Sylvester Stallone, took immediate action with an idea. He grabbed a pencil and a notepad and began writing the screenplay for the film, *Rocky*, that very night. Not only did *Rocky* go

DAY 71: Do It Now

on to win three Oscars, Stallone was able to buy his dog Butkus back.

What if Stallone had thought, “I’ll start writing tomorrow.” What if “tomorrow” he wasn’t as inspired? What if “tomorrow” turned into “next week” then “next month” and then it never resulted in any action? Stallone had a do-it-now mentality and finished the screenplay in only three days!

W. Clement Stone, who built an insurance empire worth hundreds of millions dollars, used to hand out lapel pins for all of his employees that read, “Do it now!” He would make them all recite it at the start of each workday. He was convinced that this chant would reprogram thinking and stop delays in their tracks. And he was right.

The biggest guarantee for a life of missed opportunities is through procrastination. Experts say that when you get inspired to take action, if you don’t do something within 24 hours, chances are, you never will. There are only so many tomorrows.

Whatever you want to do, do it now!

“...we beg you, please don't squander one bit of this marvelous life God has given us.”

—2 Corinthians 6:1 MSG

•• Notes ••

ell

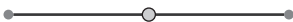
”

WHEN
OPPORTUNITY
COMES, IT'S TOO LATE
TO PREPARE.

—Coach John Wooden

DAY 72

PREPARE FOR WHAT YOU'RE PRAYING FOR



In his book *Outliers*, Malcolm Gladwell wrote that “10,000 hours is the magic number of greatness.” His research shows that the overwhelming majority of experts at the top of their fields have spent a minimum of 10,000 hours of practice to become great.

That sounds so overwhelming, but think about it this way: 10,000 hours is around 20 hours per week for 10 years. Ten years is a long time but 20 hours a week isn't so bad. Especially when you consider the average American watches five hours of television a day.

The point is bands like the Beatles played anywhere from four to eight hours several nights a week in gigs all over Europe long before they invaded America. All that time it felt like nobody was listening and they were singing to a handful of people playing pool, drinking, dancing, not even listening to them wasn't wasted time. It was all part of their 10,000 hours of practice to become exceptionally great!

DAY 72: Prepare for What You're Praying For

It's the same with you. If you want to grow, improve, and be offered bigger opportunities, you have to practice! When God sees you doing your part, he will open doors that no man can shut. Think about David in the Bible. He practiced using his slingshot over and over again alone in the field. He became so skilled, so precise that he even killed a lion and a bear in private with nobody watching. He became a sharpshooter. When a wild animal tried to attack his sheep, he nailed it!

When God needed someone to slay a giant, He looked for someone who was prepared, who was ready, who had practice... and there was David.

Joel Osteen said, "When God is looking for people to promote today, he doesn't just close his eyes and randomly choose someone. No, he chooses someone who has developed their skills." You have skills that can lead to an abundant life. Every day you spend learning, growing, and sharpening your skills, you're getting prepared. And when God is looking for somebody to promote, you'll be ready.

"A man's gift will make room for him."

—Proverbs 18:16 NKJV

❦ Notes ❦

ell

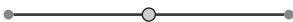
”

THE MOST RELIABLE
WAY TO PREDICT
THE FUTURE IS
TO CREATE IT.

—Abraham Lincoln

DAY 73

PREDICT YOUR OWN FUTURE



Just a few years ago, a cassette tape was found from 1983 where Steve Jobs gave a speech at the Design Conference in Aspen, CO. The tech world was amazed by his predictions of how one day people would use a computer in a “slate-like” form (aka the iPad).

Twenty years before it happened, he announced that Apple’s strategy would be to put a great computer in a book that people could carry around with them to work on and check their email anywhere, plus they could learn how to use it in 20 minutes. Later in that same conference, he participated in a Q&A panel where he predicted the development of a device with voice recognition (otherwise known as Siri)! This was in 1983.

To put this into perspective, that year Atari was the big game, *Staying Alive* was the hit movie, and Duran Duran was the popular band. And he predicted an iPad!

Here’s my challenge for you to think about today. What if a recording was found of you five, 10 or 20 years from now

DAY 73: Predict Your Own Future

describing your ideal life in the future. What do you want the next five years to look like? What if you recorded yourself today describing your life in the next decade with no limitations? What would you say? No matter how unattainable it looks right now, you need to see it, imagine it, predict it, and allow yourself to have it.

Do not give thought to what is possible or not possible. Just get a clear picture of what you desire to have. When you think in terms of what would give you the greatest peace in your life, what do you imagine?

What would you be doing? Are you working? Where do you work? Are you self-employed? Are you ministering? Are you teaching a class? Did you write your first book? How much money have you saved? Where have you traveled? Where do you live? What does your house look like? Start imaging the ideal future for you. Begin seeing it on the inside and then voicing it on the outside.

"The thief comes only in order to steal, kill and destroy. I have come in order that you might have life—life in all its fullness."

—John 10:10 GNT

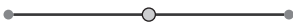
”

SUCCESS IS STUMBLING
FROM FAILURE TO
FAILURE WITH NO
LOSS OF ENTHUSIASM.

—Abraham Lincoln

DAY 74

FALL FORWARD



Denzel Washington had a difficult time finding his career path. When he enrolled in college, he decided to major in pre-med, then he changed to political science, and then pre-law. He discovered that he wasn't doctor material or lawyer material, so he started studying journalism. However, with no academic focus, his grades declined. The university actually recommended he take some time off.

Although Denzel worked odds jobs from a factory to a post office to waste management just to make ends meet, he kept his faith along the way. Slowly but surely, he fell in love with acting.

Even though he finally discovered his true passion, it wasn't paved with gold. He had many failures along the way, but he described them as "falling forward." Denzel said, "Every failure is simply one step closer to success." Everyone fails at times in life. We have to accept that. It's part of the journey to success. It's part of your story.

DAY 74: Fall Forward

Every step of failure led Denzel to a massive journey of success. He's won several Oscars and is one of the most respected actors in Hollywood. Washington said, "When you go through life feeling scared and insecure, remember to not only take risks, but to be open to life; to accept new views and to be open to new opinions. While it may be frightening, it will also be rewarding. Because the chances you take, the people you meet, the people you love, the faith that you have, that's what's going to define your life. Never be discouraged. Never hold back. Give everything you've got. Remember this: fall forward."

It can be frustrating when you're waiting on a dream to manifest, but don't start questioning God or trying to figure out how to help Him. Nothing good grows overnight. It is a process. Put your complete trust in His timing, and it will eliminate aggravation and worry. God will cause your dream to manifest right on time.

If you've experienced let down after let down, just remember, you're one step closer to success. Don't give up. You're walking in your testimony right now. Fall forward.

*"And let us not be weary in well doing,
for in due season we shall reap,
if we faint not."*

—Galatians 6:9 KJV

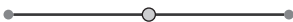
”

ONCE I MADE
A DECISION,
I NEVER THOUGHT
ABOUT IT AGAIN.

—Michael Jordan

DAY 75

Jump In!



When God puts a dream in your heart, you have to cut off any alternative options to give up and just go for it. That's what a red-haired, blue-eyed, young British boy did when the odds were against him. Not only was Ed Sheeran bullied as a kid, but he also battled enormous insecurities due to his lazy eye and a stutter.

He overcame the stuttering challenge by mimicking famous rappers and began writing his own music. By age 11, he performed his first ever live concert. If he hadn't taken that single terrifying step, he wouldn't be where he is today.

Facing difficulty after difficulty, he decided to step out of his comfort zone by posting a video of himself playing his music online. He was quickly noticed by influential people, opening the door for him to go on tour with another artist. That stepping stone motivated him to move to Los Angeles even without connections or a place to stay.

He sent his music to anyone and everyone but to no avail. Until one day he was brought on stage by a local radio host. Even

DAY 75: Jump In!

petrified, he played. The crowd broke into massive applause, plus he got the attention of Jamie Foxx's manager. And the rest is history.

In 2009, he was sleeping on the streets in London. By 2011, his album topped the charts in the U.K.

Have you ever put your big toe into a cold swimming pool? Your first reaction is to withdraw it fast. Then, you have to decide if you're going to put your foot in, then your ankle, then your calves until you slowly get all the way in the water. Or do you just take the plunge, get the pain over with and jump in? If you want to live your dreams, the answer is to jump in all the way! Ed Sheeran pushed himself out of his comfort zone and jumped in with both feet to live his dreams and you will be required to do the same. The Latin root for the word decision means "to cut off alternative options." Jump in and go for it!

"Don't look back..."

—Genesis 19:17 NIV

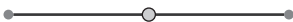
”

CALL TO ME
AND I WILL
ANSWER YOU...

—Jeremiah 33:3 NIV

DAY 76

BLOW THE WHISTLE



Have you ever watched a professional football game and noticed that man with the black and white striped shirt on and the whistle around his neck? He may appear small in stature compared to the 350 pound linebacker he's officiating, but when he blows his whistle, all of a sudden that mammoth football player comes to a screeching halt. Why? How does this smaller referee have such power over this herd of seeming giants? It's because the moment that man in the black and white striped shirt blows that whistle, those enormous men in football pads know that all of the NFL is backing him up!

That's exactly what happens in your life when you call on the name of Jesus to help you achieve your dreams. You're not trying to succeed in your own strength. You now have all of Heaven backing you up!

You don't have to force the right doors to open for you, manipulate things to get around the right people, or try to be successful in your own power. You can call on heaven to do for

DAY 76: Blow the Whistle

you what you could never do on your own. Just blow the whistle. What does that mean? Call on Jesus to help you. He's the One Who "will never leave you nor forsake you" (Deut. 31:6). And He means it.

Research indicates that on average, people talk to themselves about 50,000 times a day. And most of that self-talk is about themselves. According to the psychological researchers, about 80% of our internal dialogue is negative. We tend to think God would never open doors for us, favor us, or give us special advantages. Did you know that one of the definitions of the favor of God is "disposed to show preferential treatment"?

You're not bothering God when you call on Him. You're not inconveniencing Him when you ask Him for good breaks, favorable opportunities, and divine connections. You are His child and He is standing by waiting for you to blow the whistle so Heaven can back you up and do for you what you could never do on your own.

"Oh, Lord GOD! You have made the heavens and earth by Your great power and outstretched arm. Nothing is too difficult for You!"

—Jeremiah 32:17 BSB

•• Notes ••

elle

”

YOU WERE NEVER
CREATED TO LIVE AN
AVERAGE LIFE. YOU
WERE CREATED TO BE
A HISTORY MAKER.

—Anonymous

DAY 77

BEHIND THE SCENES



What you do behind the scenes has more significance than what you do in front of a crowd. In order to live your dreams, it will require doing more than others are willing to do.

Years ago, when I began this journey of personal growth, the Lord made it clear for me to strive for excellence when He said, “Don’t be average, and your life won’t be average.” The emphasis is on the understood “you” in this command. You don’t be average, and your life won’t be average.

This statement applies to every area of your life. You don’t be average, and your finances won’t be average. You don’t be average, and your opportunities won’t be average. You don’t be average, and your body, your relationships, your career won’t be average. This phrase changed my life. As I put more demands on my life to grow, improve, and increase, everything around me began to grow, improve, and increase. And the same will happen for you.

Joyce Meyer says, “God will change your circumstances, but He’ll change you first.” God never meant for you to be ignored,

DAY 77: Behind the Scenes

to blend in with the crowd, or to be average. He meant for you to distinguish yourself among others. Be willing to do more than the average person is willing to do.

Stay focused on this truth: God sees everything. All those mornings when you force yourself to get up early and exercise while everyone else sleeps in, you're going above average. For each lunch break when you read an encouraging book instead of wasting time scrolling through social media, you're going above average. On every commute spent listening to a podcast, you're going above average. It is gearing you up for greatness. Preparation time is never wasted time.

Determine today that you will gain and maintain above average habits that others will admire, that God will promote, and that will lead you to prosperity and success. Work hard behind the scenes and put in the extra hours!

*"Whatever you do, work heartily,
as for the Lord and not for men."*

—Colossians 3:23 ESV

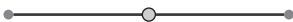
”

IF YOU PLAN TO
EXCEL IN BIG THINGS,
YOU HAVE TO
DEVELOP THE HABIT
IN THE SMALL ONES.

—LeCrae

DAY 78

SMALL BEGINNINGS LEAD TO SPECTACULAR ENDINGS



Who would've ever dreamed years ago that the guy dressed in a chicken costume waving your car down in front of a fast food restaurant would become the Academy Award-winning actor Brad Pitt? Or the janitor cleaning the building would one day be comedian Jim Carey or the former shoes salesman bringing you another box of stilettos to try on for size would become the handsome actor George Clooney? Small beginnings are simply stepping stones to a brighter future.

Everybody wants the big success—the big house, the big business, the big income. There's nothing wrong with wanting to do big things, but we have to remember that greatness starts off small.

The things we learn in the days of small beginnings, we will never learn anywhere else. They're all part of the preparation for where God is taking you. However, too many people miss the big dreams that God has for them because they won't do the little things that lead to it.

DAY 78: Small Beginnings Lead to Spectacular Endings

Someone once described the game of football as 60,000 people who desperately need exercise watching 22 men who desperately need rest. The game of football parallels life itself. Very few people ever really get off the bleachers and get in the game! But that's not you. You are in the game or you wouldn't be reading a "live your dreams" devotional.

But here's the thing: Small beginnings take more people out of the game than you can imagine. I want to encourage you to stay in the game no matter how unattainable your dreams may seem at this moment. Work the odd jobs if you need to. Stay up late. Get up early. Don't let anyone squelch your willingness to do what it takes to see your dream come to life. Seize every opportunity to keep your dream before your eyes, work hard during this season, and never belittle where you are on the way to where you're going.

"Do not despise these small beginnings, for the Lord rejoices to see the work begin..."

—Zechariah 4:10 NLT

•• Notes ••

Handwritten signature in cursive script.

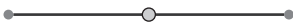
”

THERE IS NO PASSION TO BE
FOUND PLAYING SMALL-IN
SETTLING FOR A LIFE THAT IS
LESS THAN THE ONE YOU ARE
CAPABLE OF LIVING.

—Nelson Mandela

DAY 79

CLARITY COMES FROM QUESTIONS



Have you ever watch the credits rolling at the end of a movie? You'll notice some of the characters acknowledged are named "Waitress #1," "Taxi Cab Driver #3," or "Bellman." In other words, these are not the main characters. They are a part of the film, but they did not have a significant role.

I want you to understand that you are the main character of your movie. And you get to decide how you want the movie to end.

We tend focus more on what we don't want than on what we do want. You may catch yourself making some of the following statements:

- "I don't want to live here for the rest of my life." Where do you want to live?
- "I don't want to be 60 still working at this place." What is your dream job?
- "I don't want to end up 50 and not married." What does your ideal spouse look like to you?

DAY 79: Clarity Comes From Questions

- “I don’t want to be making this same amount of money for the next 20 years.” How much would you like to earn?

We talk about what we don’t want but that doesn’t change anything. Sit quietly with God and start asking yourself questions. Clarity comes from questions. If you could live your ultimate life, what would that look like? Where would you live? What would you drive? Where would you work? How much money would you have in your savings account? What would your salary be? Where would you vacation? Who would your friends be? What would you do for fun? What would you tell your grandkids about your life?

Then ask yourself these questions: What would make your current situation better? What needs to change in your life? What do you need to stop doing? What would you tell a friend in your situation?

What can you change today to start making progress to your dreams?

*“Ask and it will be given to you;
seek and you will find; knock and
the door will be opened to you.”*

—Matthew 7:7 NIV

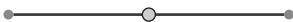
”

BE VERY CAREFUL WHAT
YOU SAY TO YOURSELF
BECAUSE SOMEONE
VERY IMPORTANT
IS LISTENING...YOU!

—John Assaraf

DAY 80

BE YOUR OWN CHEERLEADER



The girl with more followers on Instagram than anyone in the world, Selena Gomez, may be popular but she's not immune to severe difficulties. After rising to fame, she was diagnosed with the auto-immune disease lupus and underwent chemotherapy. The disease caused complications leading to a kidney transplant that nearly killed her.

After recovering from this near fatal procedure, Gomez opened up about her long-standing battle with depression and anxiety. Before and after being on stage performing, Gomez would have severe panic attacks. Depression and anxiety plagued her life for five years straight.

Just listening to a motivational message wasn't enough; she needed more intentional action. In addition to counseling, Selena began using positive affirmations to start her day. She made declarations like, "I can do this. I am strong. I am powerful." Gomez believes that if you speak it long enough, your brain will believe it.

Your words matter. Your internal (and external) conversation

DAY 80: Be Your Own Cheerleader

with yourself either supports or undermines your progress toward your goals. You may not even be aware of the things you're saying to yourself because of how long you've been saying them.

The instant you find yourself affirming negative statements and behaviors about yourself, stop! Instead of using your words to describe how you feel, use your words to change how you feel. Let your words be what they were designed to be: a tool to help you reach your goals.

Don't get me wrong, you may still think it, but don't speak it! You can curse yourself with your own words. Destructive statements become self-fulfilling prophecies. Basically, we talk ourselves into giving up. Change the negative self-talk to positive, capable, faith-filled declarations. Your self-talk creates your reality. Become your own best cheerleader by giving yourself a pep talk about your amazing potential.

"Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark."

—James 3:4-5 NIV

•• Notes ••

ell

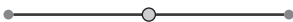
”

COURAGE DOESN'T
MEAN YOU DON'T GET
AFRAID. COURAGE
MEANS YOU DON'T LET
FEAR STOP YOU.

—Bethany Hamilton

DAY 81

RISE TO THE OCCASION



America's pastor, Joel Osteen, had no desire to preach or be in the spotlight. He spent 17 years behind the scenes running the television ministry for his father, Pastor John Osteen. When his father passed away in 1999 and Joel was appointed pastor, he was intimidated, insecure, and felt deeply unqualified.

At the peak of his vulnerability, he overheard two elderly ladies in the church lobby saying, "He's not any good. He's nothing like his dad." How could he overcome the inadequacies of such enormous shoes to fill? How did he rise to the occasion and step into his purpose? He would actually look himself in the mirror and declare over and over: You are strong! You are courageous! You were born for such a time as this! He reminded himself that God doesn't call the qualified; He qualifies the called.

Osteen took the lead as pastor when the church had 6,000 attendees and it quickly grew to 28,000, then 43,000 and so on. Now, he is the most watched inspirational figure in America. Os-

DAY 81: Rise to the Occasion

teen says, “You can’t stay in the safe zone all your life and expect to live your dreams.”

Just as God said to Joshua, “You have not passed this way before,” He is saying that to you today. In other words, new things are on the horizon for you, but you have to rise to the occasion, be courageous, and step out in faith. Yes, it’s frightening. It’s intimidating, it’s awkward, and it puts a demand on your faith to be brave. But God always honors obedience.

If you want to live your dreams, you have to take a risk. Don’t live your life always wondering what could have happened. Joyce Meyer says that you have to step out and find out. Step out into the unknown, rise to the occasion and conquer your fears to live your dreams. Courage isn’t necessarily not having fear. It’s having the fear but taking action anyway.

“Be strong and courageous, and do the work. Do not be afraid or discouraged, for the LORD God, my God, is with you.

—1 Chronicles 28:20 NIV

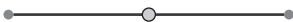
”

DON'T LET WHAT
YOU CAN'T DO
STOP YOU FROM DOING
WHAT YOU CAN DO.

—Coach John Wooden

DAY 82

THINGS TO QUIT TO SUCCEED



I want you to go after your God-given dreams and achieve every goal you have in life, but there are certain things you have to quit if you want to succeed.

#1. Quit Making Excuses. They say that if you really want something, you will find a way. If you don't, you'll find an excuse.

#2. Quit Trying to Please Others. Remember, God hasn't necessarily told others what He's told you about your future. So, obey what God is speaking to you inside.

#3. Quit Complaining. Complaining is a subconscious way of expressing that you are powerless to change your circumstances. Sadly, nothing delays your progress more than complaining. Bottom line: When you complain, you remain!

#4. Quit Second-Guessing Yourself. We all have doubts, insecurities, and fears. But if God put a dream in your heart, He'll also give you the courage to step out in faith and go for it!

DAY 82: 7 Things to Quit to Succeed

#5. Quit Comparing. What God has called you to do is unique to you. You can't compare your dream with anyone else. A flower doesn't compete with the flower next to it; it just blooms.

#6. Quit Playing it Safe. God said in His Word, "Fear Not. There's nothing to fear!" If you mess up—which you will—He's right there to catch you and get you back on track.

#7. Quit Waiting. The time to make the decision is now. If you're waiting for a sign that it's time to go after your dreams...this is it!

Jack Canfield said, "It's time to quit waiting for: perfection, inspiration, permission, reassurance, someone to change, the right person to come along, the kids to leave home, someone to discover you, a clear set of instructions, more confidence, get on with it already!"

It's been said that the wealthiest places on earth are cemeteries. In the graveyards, there are books that were never written, songs that were never sung, and businesses that were never started. Don't go to the grave with your dreams still in you. Quit these seven obstacles to success and you'll be on your way to live your dreams.

"But as for you, be strong and do not give up, for your work will be rewarded."

—2 Chronicles 15:7 NIV

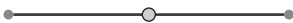
”

THE
SECRET TO
CONCENTRATION
IS ELIMINATION.

—Howard Hendricks

DAY 83

LIFE LESSONS FROM A 100-YEAR-OLD-MILLIONAIRE



One night, my husband, Rodney was scrolling through Facebook and came across a video showing how many planets there are in space. Scientists believe there are over 100 billion galaxies in the universe! Our galaxy, the Milky Way, has over 100 billion stars! At first, I was intrigued by the video showing the sizes of all the planets. It was fascinating.

The size of planet Earth in comparison to other planets looked so minuscule. As soon as another planet popped up, I said, “Oh yeah, I forgot about that planet,” (from science class 35 years ago). But then it started showing planets I’ve never heard of, then more and more planets, and what was once intriguing became overwhelming. I finally said, “I’m done. I’m tired of watching this.” It was too much.

Many times our lives are just like that. We have dreams and goals but don’t know where to start. We have so many thoughts, questions, and ideas, we get overwhelmed and what once was fascinating becomes frustrating.

DAY 83: Life Lessons from a 100-Year-Old-Millionaire

But if you were an astronomer looking at all these numerous galaxies, you would use a telescope to focus in on a single planet, one star, or one galaxy. It keeps you from looking at everything at once. It focuses your attention on one specific subject.

Ironically, if you want to be successful, you'll need to apply the same telescope principle to your dreams. In fact, Success magazine interviewed a 100-year-old man who was wealthy and very respected. They asked him to bring what he considered most important to be a success, expecting a lengthy list of important tips and life lessons. He surprisingly handed them a single sheet of paper. He said, "That's it! Every single word on there is crucial, vital, but that's it!"

What did the 100-year-old millionaire say is the only key to success? "Do fewer things more often! And get better at them!" In other words, don't be all over the place, scattered, and unfocused. Be single-minded and laser-focused to become the best in your one specific area.

*"Let your eyes look straight ahead;
fix your gaze directly before you."*

—Proverbs 4:25 NIV

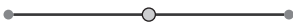
”

TO ACCOMPLISH GREAT
THINGS, WE MUST NOT
ONLY ACT, BUT ALSO
DREAM; NOT ONLY PLAN,
BUT ALSO BELIEVE.

—Anatole France

DAY 84

YOUR PERSONAL PEP TALK



You have the ability to change the entire direction of your life with that little thing under your nose. Your mouth! Successful people take a proactive approach to their dreams. They don't wait to see what happens with their lives. They prophesy their future. Unsuccessful people speak of things the way they are as if they will always be that way. And the truth is, as long as you continue to declare negative statements over your life, then that's exactly what you will continue to experience.

What would happen if you traded all those limiting, debilitating thoughts about yourself with positive, motivational declarations of hope and faith? Your life would move in that direction.

If your first image of giving yourself a pep talk reminds you of Saturday Night Live's Stuart Smalley and his catchphrase, "I'm good enough. I'm smart enough, and doggone it, people like me," then you probably think this sounds ridiculous. I understand. However, you can't argue with results. When you've experienced dreams occurring in your life as a result of speaking

DAY 84: Your Personal Pep Talk

them out loud like I have, you actually don't think ol' Stuart is so crazy! But be encouraged, I do not sit in front of a mirror and slowly talk to myself.

Success coaches worldwide teach the power of positive speaking or making positive affirmations. From hospital patients recovering quicker to plants being revived to life, words carry power! Research proves that positive words spoken over oneself can improve health, eliminate anxiety and stress, and bring an overall feeling of joy.

Simply put: Your words create your reality.

It's not okay to be critical with yourself. Start taking an inventory of what you're allowing to roll off your tongue. In fact, ask yourself, "Is what I'm about to say what I want to come about in my life?" If it does not line up with your dreams and desires, then don't voice it.

Give yourself a pep talk each morning by making a list of positive declarations based on God's promises and begin to speak them over yourself. Imagine how your life will improve if you consistently declare God's Word. Change what you're saying, and you'll change what you're seeing.

"Wise words bring many benefits."

—Proverbs 12:14 NLT

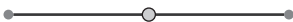
”

ONE WORD
FROM GOD
CAN CHANGE
YOUR LIFE FOREVER.

—Kenneth Copeland

DAY 85

YOUR W.O.R.D.— YOUR DRIVING FORCE



If you desire direction for your life, this simple act will help you gain clarity, focus, and give you a driving force all year long.

Step 1: Write. Grab a journal and a pen and listen for a single word that comes up in your heart. You might have 10 words, and you think each one is your word, until another one crosses your mind. Write them all down. Ask yourself what you need to grow, change, let go of, or improve. Just start writing and then edit the list. Remove the words that don't resonate with you until you zero in on one single word.

Step 2: Outline. In other words, define what your word means. Look it up in dictionaries. Find scriptures that illustrate this word. Research stories with that word attached to it. Write them all down. When you choose a single word, you have clarity and focus.

Step 3: Record. Every time you use this word in your decisions, journal it. Document it. You will see such rapid growth in your

DAY 85: Your W.O.R.D.—Your Driving Force

life. Pastor Craig Groeschel said one year his single word was “strengthen” and he applied it to everything: his personal life, his ministry, his church, and his staff. He felt they were growing in numbers but not spiritually. His supporting scripture verse was from Isaiah 54:2 which says, “Enlarge the place of your tent, strengthen your stakes.”

Groeschel’s messages that year were all focused around strengthening faith, families, relationships, finances, etc. That one word directed them all year long, and as a result, marriages were strengthened, student ministries were overhauled, and young people had revival. Pastor Groeschel said “Transformation took place in my life and in our ministry in one year because of one word!”

Step 4: Do it. Take action. Apply it to your goals. When a decision needs to be made in your life, think of your one word and take action. When you need direction in life, remember W.O.R.D. (Write. Outline. Record. Do it). Put your one word as your screen saver, on your mirror, on the dash of your car, everywhere. Let it be your driving force all year long.

*“The mind of man plans his way,
But the Lord directs his steps.”*

—Proverbs 16:9 NASB

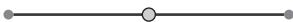
”

SEE ADVERSITY AS A CHALLENGE. THE TIME YOU WANT TO BAIL IS PROBABLY WHEN IT'S MOST CRUCIAL FOR YOU AND WHEN OPPORTUNITY EXISTS.

—Tony Hawk

DAY 86

PUSH YOURSELF



Jack Canfield's book, *Chicken Soup for the Soul* was rejected 144 times before it was picked up by a publisher. Even then, the publisher laughed when Jack wanted to sell 1.5 million books in the first 18 months and countered that Jack would be lucky to sell 20,000 copies. That first book surpassed Jack's goal by selling more than 8 million copies in America and 10 million copies around the world. *Chicken Soup for the Soul* is now a \$1 billion book brand.

Nick Woodman started a company called Funbug with \$3.9 million from investors. Funbug failed. Obviously, Woodman was devastated, but he didn't give up. While surfing one day, he wanted some video of him on the waves. That led to his next idea—cameras that people could use by themselves to video while they were in action. Woodman raised the money by selling shell necklaces out of his car and borrowed the rest from his parents. GoPro launched in 2002, and Forbes estimates Nick's net worth is now close to \$5 billion.

DAY 86: Push Yourself

In Mark 2, we see four friends carrying a paralyzed guy in a stretcher across town. They arrived at a house where Jesus was preaching, but it was too crowded to get in the door. Did they turn back and assume it must not be God's will for them to get in? No, they climbed on top of the house, tore a hole in the roof and lowered their friend in front of Jesus. Notice, they didn't passively wait for everything to "align" and fall into place. They took action and went after it.

When you read the Bible closely and you read the stories of successful people, you will discover a pattern: They aren't passive. They don't sit back and wait for anything to happen. They don't turn back when doors are closed. They don't give up when they fail. They push themselves. They make an all out effort to win or succeed.

When you look at your impossible goals, refuse to back down in adversity! If you want to succeed, you have to be aggressive. Push yourself because no one else is going to do it for you!

"Fight the good fight of faith."

—1 Timothy 6:12

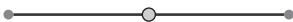
”

STORMS
CAN BECOME
A SPRINGBOARD
FOR PROMOTION.

—Joyce Meyer

DAY 87

SOAR IN THE STORM



Michael Jordan stated, “I have missed more than 9,000 shots in my career. I have lost almost 300 games. On 26 occasions I have been entrusted to take the game winning shot, and I missed. I have failed over and over and over again in my life. And that is why I succeed.”

Tennis player Stan Smith was rejected from even being a ball boy for the Davis Cup tennis match because he was clumsy and uncoordinated. Smith proved them wrong by winning Wimbledon, U. S. Open, and eight Davis Cups.

You probably know Babe Ruth because of his home run record, 714 during his career, but in addition to all those home runs came a ton of strikeouts (1,330 in all). In fact, for decades he held the record for strikeouts. When asked about this, he simply said, “Every strike brings me closer to the next home run.”

What if the storm you’re facing is actually bringing you closer to the greatest victory you’ve ever had? What if you couldn’t achieve your dreams without it? Think about David in the Bible.

DAY 87: Soar in the Storm

He would only be known as a shepherd boy if it wasn't for Goliath. That giant was placed in his path, not to defeat him but to promote him.

What you're facing may look like a set back, but it's really a set up to live your dreams. When you overcome this obstacle, you'll step up to another level!

Successful people have often been compared to eagles, soaring above all the other birds. But did you know that they have one characteristic, in particular, that sets them apart from other birds? The eagle actually uses the storm to his advantage. He doesn't fly away from the storm. No, the eagle uses the winds of the storm to rise and be lifted higher.

Every successful person has had major storms, attacks, failures, disappointments, and reasons to quit! But instead they use them to go higher.

Let the setbacks in your life lift you to greater heights. Soar in your storm.

"But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint."

—Isaiah 40:31 NLT

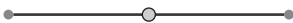
”

WORK HARD
IN SILENCE,
LET YOUR SUCCESS
BE YOUR NOISE.

—Frank Ocean

DAY 88

YOU WILL BE PUBLICLY RECOGNIZED



A young Jennifer Lopez decided to chase her dream of being a movie star instead of going to college. Her mother didn't support her aspirations of pursuing acting and dancing full time, so she moved out and slept on a sofa in the dance studio. Even though she was homeless, broke, and only eating one slice of pizza a day, she said that she wouldn't trade it for the world.

In 1990, she won a national competition and earned a role as one of the fly girls in the comedy series *In Living Color*. Today Jennifer Lopez is one of the most famous entertainers in the world. She is not only an incredibly talented singer, dancer, and actor but also a producer and fashion designer. And she is the most influential Latino performer in the United States.

But at the beginning of her career, even Jennifer Lopez struggled with low self-esteem. "She can't sing, she can't dance, and she can't act" were all comments she heard and were damaging to her self-image. She almost started to believe them. However, she made up her mind to not allow the negative voices of others

DAY 88: You Will Be Publicly Recognized

suffocate the voice inside refusing to give up on her dream, and she decided to believe in herself.

Just as J-Lo had to get rid of the internal “imposter syndrome,” you will to. If you want to live your dreams, you have to move beyond the negative words of others and the negative self-image by understanding how truly valuable you are to God.

The Creator of the universe loves you, adores, and believes in you. You are not an accident. You are not a mistake. You were hand-designed by God for a special purpose. Your thoughts are valuable. Your opinions are valuable. Your body is valuable. Others may have rejected you, abandoned you, or abused you, but God never will.

When you can trust in God’s love for you and see yourself as valuable as He sees you, nothing will be able to stop you from doing what God put you on this earth to do!

“And they shall be Mine, says the Lord of hosts, in that day when I publicly recognize and openly declare them to be My jewels, My special possession, My peculiar treasure.”

—Malachi 3:17 AMPC

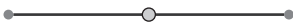
”

THE TRAGEDY OF LIFE DOES NOT LIE
IN NOT REACHING YOUR GOALS, THE
TRAGEDY LIES IN NOT HAVING ANY
GOALS TO REACH. IT ISN'T A CALAMITY
TO DIE WITH DREAMS UNFULFILLED
BUT IT IS A CALAMITY NOT TO DREAM.

—Dr. Benjamin Mays

DAY 89

DON'T CONFUSE ACTIVITY WITH ACCOMPLISHMENT



In an experiment with caterpillars, they were placed in a circle along the rim of a flower pot. The lead caterpillar was actually touching the back of the last one in the circle. The scientist placed a pine needle—a food caterpillars thrive on—in the center of the flower pot. Off they went in a circle, round and round, hour after hour, day after day, and night after night.

After seven full days, the caterpillars reportedly dropped dead of starvation and exhaustion when their source of nourishment was only six inches away. They were bound to a circle going nowhere. The point is: Don't confuse activity with accomplishment. You may be busy but is it beneficial to your destination?

The way we get off the circle is by setting goals that motivate us. Zig Ziglar says, "People complain about a lack of time but a lack of direction is the real problem." When you set compelling goals for yourself, you'll break out of the circle and head for the target.

Interestingly, nursing homes report the death rate dramatically declines right before special occasions such as Christmas,

DAY 8g: Don't Confuse Activity With Accomplishment

anniversaries, birthdays, or weddings. Many of the elderly patients set a goal to live for one more holiday or important event. Immediately after the event, and the goal has been achieved, the will to live declines and the death rate escalates upward.

This is proof that without vision, we perish. With vision, we come alive. Do you have a vision for your finances? How much debt do you want to pay off within the next 12 months? How much money do you want to save over the next year? What is that number? Where do you want to go on vacation? What do you want your body to look like? What do you want to achieve? What do you feel God is going to hold you accountable for doing during your limited time here on earth? Is it written down?

Don't confuse being busy with being productive. If you feel like your life is constantly on the go, but like the caterpillars, it's not leading you anywhere, then it's time to break the pattern.

*"Where there is no vision,
the people perish."*

—Proverbs 29:18 KJV

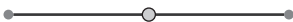
”

WINNERS EMBRACE HARD WORK. THEY LOVE THE DISCIPLINE OF IT, THE TRADE-OFF THEY'RE MAKING TO WIN. LOSERS, ON THE OTHER HAND, SEE IT AS PUNISHMENT. AND THAT'S THE DIFFERENCE.

—Lou Holtz

DAY 90

SOMEBODY IS WAITING ON YOUR DREAM



Years before I was living my dreams, I was driving to work listening to faith-building messages when I suddenly heard a statement that shook me up: Somebody in need is waiting on the other side of your obedience. The minister said it twice then the audio ended. Somebody in need is waiting on the other side of your obedience.

As those words replayed in my head, I would question, “Could somebody really be waiting on me to get my act together? Nah, I doubt it.” And I would finish the drive to work. But I continued getting up each morning, investing in myself, pushing myself out of my comfort zone and trusting God to help me live my dreams.

Today, when I hear stories of lives affected because they read one of my books, watched one of my videos or attended one of our conferences, I can’t help but thank God that I crushed the fears in my head, defeated the debilitating insecurities, and went the extra mile to live my dreams.

DAY 90: Somebody Is Waiting on Your Dream

My question for you is this: Who could be waiting on you? Who is on the other side of your obedience? Whose life will be impacted because you pushed yourself, you dared to dream big dreams, you developed success habits, and you went the extra mile?

Your destiny is a direct result of your next decision. How things happen over the next 2 years or 20 years will be a result of the decisions you make right now! But making the right decision to not settle, to not stay comfortable, to not allow the pressure to convince you to quit will require four little words from you: a little bit more!

Successful people do what's expected of them plus a little bit more! Poet William Arthur Ward summed up the key to success when he wrote, "Plan while others are playing. Study while others are sleeping. Decide while others are delaying. Prepare while others are daydreaming. Begin while others are procrastinating. Work while others are wishing. Save while others are wasting. Listen while others are talking. Smile while others are frowning. Commend while others are criticizing. Persist while others are quitting."

*"To whom much is given,
from him much will be required."*

—Luke 12:48 NKJV



Terri Savelle Foy is the Founder of Terri Savelle Foy Ministries. She is an author, a conference speaker, and a success coach to hundreds of thousands of people all over the world. Her weekly podcast is a lifeline of hope and inspiration to people around the world.

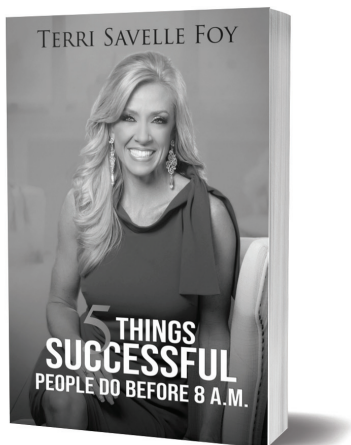
Terri is a cheerleader of dreams and is convinced that “if you can dream it, God can do it.” She is known across the globe as a world-class motivator of hope and success through her transparent and humorous teaching style. Terri’s unique ability to communicate success strategies in a simple and practical way has awakened the dreams of the young and old alike.

Terri shares from personal experience the biblical concepts of using the gift of the imagination to reach full potential in Jesus Christ. From stay-at-home moms to business executives, Terri consistently inspires others to go after their dreams.

Terri and her husband, Rodney Foy, have been married since 1991, and are the parents of a beautiful redheaded daughter, Kassidi Cherie. They live near Dallas, Texas.

5 THINGS SUCCESSFUL PEOPLE DO BEFORE 8 A.M.

When You
Change Your
Daily Routine,
You'll Change
Your Life



Are you in a rut repeating the same story year after year? Have you got big dreams for your life but don't know where to start? Have you tried to adapt good habits in the past only to fall back time and time again?

In *5 Things Successful People Do Before 8 A.M.* you will get the insights, encouragement, and practical steps needed to create a powerful, life-changing daily routine.

ORDER TODAY!

www.terri.com/5things

Get Terri's **FREE** **GOAL SETTING CRASH COURSE!**



Inside this Goal-Setting Crash Course you will:

- Get clarity on your dreams and goals
- Develop a plan to take action
- Live out your God-given assignment

DOWNLOAD NOW!

www.terri.com/freegift

The VISION BOARD COURSE

Make Vision Boards Work for You!



It is God's desire to bless us by completing down to the last detail the assignments He has given us, and often times He reveals these assignments to us through our imagination. The dreams and goals God has placed in your heart are there for a reason – to bring you joy, peace, fulfillment, and prosperity as they come to pass while advancing His kingdom!

If you are ready to turn your God-inspired dreams into reality, then this course is for you!

REGISTER TODAY!

www.terrificourses.com